

TAEKWONDO AT BSU

Taekwondo Classes Offered Every Spring and Fall Semester

Beginners Class – KIN-ACT 145

Tues and Thurs 3:40 – 4:30

Advanced Class – KIN-ACT 290 (Sect. 12) *

Tues and Thurs 5:00 – 6:30

All Classes are Held in Room 215 of the Kinesiology Building

**PHYSICAL CONDITIONING
SELF-ESTEEM**

**DISCIPLINE
TEAMWORK**

SELF-DEFENSE

For Further Information Contact Mike Butler, Club President, at (208) 867-7762 or joebox17@yahoo.com

Visit Our Website: <http://www.boisestate.edu/tkd>

* Prerequisite KIN-ACT 145 or Instructor Permission