Trans* Friendly Resources in the Treasure Valley

This resource list is compiled by the Boise State University Gender Equity Center. Special thanks to students in Trans Alliance, Dianne Piggott and everyone else who has shared their positive experiences with providers in the community listed in this guide.

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Aesthetic Services

Electrolysis and Laser Hair Removal
Ada West Dermatology
1618 S. Millennium Way, Suite 100, Meridian, ID 83642
208-884-3376
http://www.adawestdermatology.com/index.html

FtM Essentials
Binders
https://www.ftmessentials.com/collections/binders

Kathy’s Wig Boutique
Kathy has worked with the trans-femme community for many years.
21 North Orchard Street, Boise, ID 83706
208-376-2995
https://www.facebook.com/Kathys-Wig-Boutique-155432027828388/

Boise State University Resources

The resources in this section are located on the Boise State University campus.

Alicia Estey, Title IX Coordinator
To file a report regarding discrimination on the basis of sex, which, generally includes sexual harassment and sexual assault and may include dating violence, domestic violence, and “bullying” on the basis of sex, gender, or gender stereotypes., visit: https://www.boisestate.edu/compliance/title-ix/
Or aliciaestey@boisestate.edu
Office of Institutional Compliance
Riverfront Hall, Room 306
208-426-1258

CARE Alert
File an anonymous report about someone affiliated with the college if you have any concerns about their well-being.
https://www.boisestate.edu/care/
Compliance Reporting Hotline
Boise State University is committed to conducting its affairs ethically and in compliance with applicable laws and regulations as well as institutional policies. Visit the site below to learn more about policies and how to file a report.

Counseling Services
Provides individual and group counseling to Boise State students, staff, and faculty
Norco Building, 2nd Floor
208-426-1459
https://www.boisestate.edu/healthservices/counseling/

Gender Equity Center
Offers a comfortable lounge, kitchen, and food pantry; educational events related to gender and sexual orientation; and confidential, no-cost support related to: identity, relationships, academics, and harassment, violence, and life crises.
Student Union Building, 2nd Floor
208-426-4259
https://www.boisestate.edu/genderequity/

Housing and Residence Life
Provides a vibrant residential experience that promotes learning, academic excellence, and meaningful relationships. Gender inclusive housing is available in most locations.
1421 W Cesar Chavez Ln, Boise, ID 83706
208-447-1001
housing@boisestate.edu

Human Resources
Employees can change their preferred name by logging on to the HR System (Peoplesoft). Select ‘Personal Information’ then ‘Names’. This will change the name on all university documents. Employees with a legal name change will need to provide an updated social security card and complete a Name Change Request form through the Human Resources office. Employees will need to contact OIT to change their email address.
2225 W University Dr. Capital Village #3 Boise, ID 83725
208-426-1616
https://hrs.boisestate.edu/

Information Desk
Students can receive a replacement Bronco ID card at no cost to update chosen or legal name. Bring a valid ID with your name to the Information Desk in the Student Union Building.
Student Union Building, 1st Floor
Office of the Registrar
Students that would like to update their legal or preferred name can submit an Information Update form to the Registrar.
Administration Building, Room 110
208-426-4249

Pride Alliance
Provides a safe space for LGBTQIA students at Boise State University to socialize with meetings that include games and activities.
https://www.facebook.com/BSUpridealliance

Sharon Gilchrist, Financial Aid Counselor
Discuss financial aid options
Administration Building, Room 113
208-426-1664
https://www.boisestate.edu/financialaid/

Transgender Alliance
Advocates for transgender, non-binary, and gender non-conforming students on campus. Facilitates regular meetings and events on Boise State campus.
https://www.facebook.com/boisestatetransalliance/

Communities for Adults

Allies Linked for the Prevention of HIV and AIDS (a.l.p.h.a.)
Provides low or no cost STI testing services for Chlamydia, Gonorrhea, Hepatitis C, and HIV.
Monday-Friday 11am-8pm
537 W Bannock St, Suite 100, Boise, ID 83702
208-424-7799
http://www.alphaidaho.org/

The Community Center
Hours: Monday & Wednesday 1pm – 3pm
Tuesday, Thursday, & Friday CLOSED
Saturday 10am - 12pm, 1pm - 4pm
Sunday CLOSED
1088 N Orchard St, Boise, Idaho
208-336-3870
https://tccidaho.org/
Treasure Valley Parents, Families, and Friends of Lesbians and Gays (PFLAG)
Supports LGBT people, their families and friends locally and nationally by providing PFLAG chapter help lines, support group meetings and resources.
208-863-5831
luz_id@yahoo.com

Tri-States Transgender Group
Provides support, advocacy, education and social opportunities for the transgender community in a safe and fun atmosphere. Run by Emily Jackson-Edney, a local Trans activist.
208-830-7253
emiedney@hotmail.com
https://www.facebook.com/TristateTrans/

Wassmuth Center for Human Rights
Offers programs pertaining to the education of the spiral of injustice.
208-345-0304
777 South 8th Street, Boise, ID 83702
https://wassmuthcenter.org/wassmuth-center-for-human-rights-boise/

Communities for Youth

The Community Center
See “Communities for Adults” for additional details

GLSEN
A National Education Organization focused on ensuring safe schools for all students, regardless of their sexual orientation, gender identity or gender expression.
http://www.glsen.org/
FB: https://www.facebook.com/GLSEN/

Youth Alliance for Diversity (YAD)
Open to all LGBT and allies ages 20 and under. It meets every Sunday from 4-6pm at The Community Center (TCC).
1088 N. Orchard, Boise, ID 83705
https://www.facebook.com/boiselgbtyouth
**Counseling**

**Boise State Counseling Services**
See “Boise State University Resources” for additional details.

**Dianne Piggott, LPC**
As a trans woman herself, she knows how affirming it is to find a counselor who truly understands what it is like to struggle with identity issues. She is ready to help LGBT people navigate life and become the absolute best versions of themselves.

Piggott Counseling
208-506-3008
dianne@piggottcounseling.com

**Dr. Misty Wall, PhD, MSSW, LCSW**
LGBT Issues, Family Adjustment
2825 S. Meridian Road, Suite 150
Meridian, ID 83642
208-297-9495
https://www.drwallandassociates.com/

**Jennifer Gess, PhD, LMHC, LCPC**
LGBTQIA Distance Counseling and Training
425-922-9016
www.jennifergeress.com

**Jennifer Lamb, LMFT**
Specializes working with the LGBTQ community, particularly with trans, nonbinary, and queer identified clients ages 12 and up.
Oak Tree Counseling and Wellness
3550 W Americana Terrace, Suite 320, Boise, ID 83706
785-491-1508
https://www.jmbtherapy.com/

**Jen Moore, LPC, NCC, M.Coun.**
Specializes working with people across the lifespan who identify as lesbian, gay, bisexual, transgender, questioning, queer and/or allies (LGBTQ+); working with individuals, couples, and families.
Oak Tree Counseling and Wellness
3350 W. Americana Terrance Suite 210B, Boise, ID 83706
208-917-1131
https://www.jenmoorecounseling.com/
Kristine Kirsch, LPC, M.Coun.
Individual Counseling and transition group.
Synchronicity Counseling
3350 Americana Terrace, Suite #215 Boise, ID 83706
208-830-8658
http://www.kirschcounseling.com/ResourcesforTransgenderedClientsandFamily.en.html

Mardi Stacy, PhD, PLLC; Licensed Psychologist
Work with adults, teens and couples, seeking help with relationships, transitions and more.
1718 W Jefferson, Boise, ID, 83702
208-424-8130
http://www.mardistacyphd.com/

Maxwell Dusky, LPC
Maxwell is a member of the transgender community. He is passionate about continuing to strengthen the LGBT community through counseling.
Ambitions of Idaho
3017 Meridian Rd. Meridian, ID 83642
208-888-6123
m.dusky@id.ambitons.org

Natasha Yaganeh, MS, LPC, NCC
Honors diversity and welcomes people from all ethnic, religious, spiritual, and cultural backgrounds. Poly and kink friendly.
410 S Orchard Suite 232 Boise ID 83705
208-718-1934
evolvecounselingidaho@protonmail.com
https://www.evolvecounselingidaho.com/

Transgender Therapy Support Group
Ambitions of Idaho
3017 Meridian Road, Meridian, ID
208-466-7443
Every Monday 6:30-8:00 p.m.
$20 per group (sliding scale available for those who qualify)
Crisis Support

Kim Camacho and Adriane Bang, LMSW
Licensed Master Social Worker Adriane Bang and Kim Camacho can meet with students for support service meetings and provide referrals Monday-Friday 8am-5pm.
Boise State Gender Equity Center, Student Union Building, 2nd Floor
208-426-4259
https://genderequity.boisestate.edu/

IYG National Hotline for LGBT Youth
Provides comprehensive information about national and local resources for LGBTQ teens.
1-800-347-TEEN

The Northwest Network
Information for LGBT survivors of abuse.
206-568-7777
https://www.nwnetwork.org/support-for-survivors

Self-Rescue Manual
A guide to all community resources and supports in Ada County.
http://www.selfrescuemanual.com/

Idaho Suicide Prevention Lifeline
A crisis intervention, emotional support, problem solving and referrals to local resources for persons at risk for suicide and for those concerned about them.
Text or Call: 1-208-398-4357
https://www.idahosuicideprevention.org/

Trans Lifeline
A crisis support hotline staffed by transgender people for transgender people.
877-565-8860
translifeline.org

Trevor Project/Helpline
Crisis Intervention for LGBT Youth
1-866-488-7386
TrevorText: Text START to 678678
http://www.thetrevorproject.org/section/about
Physicians

Dr. Ashley Davis, M.D.
Certified in Family Medicine
Hormones and General Practice
30% discount on office visit and 10% discount on bloodwork for cash payments.
222 North 2nd Street #204, Boise, ID 83702
208-429-9100
http://davisfamilymedicine.net/

Dr. Daniel P. Flynn, M.D.
Pediatric Endocrinology
St. Luke’s Children Endocrinology
Open Mon-Fri 8am-4pm
Idaho Professional Building 125 E. Idaho St
Suite 200, Boise, ID 83712
208-381-7340
https://www.stlukesonline.org/health-services/providers/flynn-daniel

Dr. Kelly Stanley, DO
Hormones, puberty blockers, sliding scale available for cost of office visit and prescriptions (including hormones).
Family Medicine Residency
2275 S Eagle Rd #120, Meridian, ID 83642
208-514-2529
http://www.fmridaho.org/residency/

Dr. Lisey Etherington, M.D.
FtM Breast Reconstruction
Saint Alphonsus Medical Group Plastic & Reconstructive Surgery
900 N Liberty St, Ste 101, Boise, ID 83704
208-302-2200
https://www.saintalphonsus.org/reconstructive-surgery

Dr. Marvin Alviso, M.D.
Family medicine, hormones, puberty blockers, HIV-AIDS, Sliding scale available for cost of office visit and prescriptions (including hormones).
Family Medicine Residency
777 N Raymond St, Boise, ID 83704
208-514-2500
http://www.fmridaho.org/residency/
Dr. Pennings, M.D.
Specializes working with trans individuals.
Family Medicine Residency
777 N. Raymond St, Boise, ID 83704
208-514-2500
http://www.fmridaho.org/residency/

Planned Parenthood
Prescribe and monitor hormones, sliding scale services available
Boise clinic: 3668 N. Harbor Ln, Boise, ID 83703
Meridian clinic: 2112 E. Franklin Rd, Meridian, ID 83642
800-769-0045

Dr. Tara Whitaker, M.D.
Family Medicine, Hormones
Capital City Family Medicine
1520 W. State St, Suite 100, Boise, Idaho 83702
208-947-7700
https://www.stlukesonline.org/health-services/providers/whitaker-tara

Name Changes, Documents and Identity

American Civil Liberties Union of Idaho (ACLU)
LGBT Rights, Voting Rights, and Transgender Document Rights. Excellent starting point if you feel you have been discriminated against.
PO Box 1897, Boise, ID 83701
208-344-9750
https://acluidaho.org/

Fair is Fair Idaho
Associated with the ACLU of Idaho. Information for name change and gender change in Idaho.
www.fairisfairidaho.org

Idaho Birth Certificate Changes
People born in Idaho can apply to change the indicator of sex on their birth certificate to match their gender identity and can update the name on the birth certificate after a legal name change.
Idaho Driver’s License Changes
Update name after a legal name change

Legal Name Change
Visit the websites below to learn how to change your name in the state of Idaho.
https://courtsselfhelp.idaho.gov/name-changes
https://www.idaholegalaid.org/node/2215/name-change-self-help-forms

Name Change with Boise State Registrar Office
See Boise State University Resources

Support and Education for Allies, Friends, Family, School Administrators

Boise State University Gender Equity Center LGBTQIA+ Presentations:
Current offerings include Introduction to LGBTQIA+ Identities, Supporting the LGBTQIA+ Community, and Trans Identities. Request a presentation on the Gender Equity Center website.
208-426-4259
https://genderequity.boisestate.edu/

TransYouth Family Allies
Provides education and resources to develop supportive environments for trans, gender variant, or gender questioning youth.
888-462-8932
http://www.imatyfa.org/

Treasure Valley PFLAG
See Communities for Adults