



Trans* Friendly Resources in the Treasure Valley

This resource list is compiled by the Boise State University Gender Equity Center. Special thanks to students in Trans Alliance, Dianne Piggott and everyone else who has shared their positive experiences with providers in the community listed in this guide.

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Aesthetic Services

Electrolysis and Laser Hair Removal

Ada West Dermatology

1618 S. Millennium Way, Suite 100, Meridian, ID 83642

208-884-3376

<http://www.adawestdermatology.com/index.html>

FtM Essentials

Binders

<https://www.ftmessentials.com/collections/binders>

Kathy's Wig Boutique

Kathy has worked with the trans-femme community for many years.

21 North Orchard Street, Boise, ID 83706

208-376-2995

<https://www.facebook.com/Kathys-Wig-Boutique-155432027828388/>

Boise State University Resources

The resources in this section (pgs. 2-3) are located on the Boise State University campus.

Alicia Estey, Title IX Coordinator

To file a report regarding discrimination on the basis of sex, which, generally includes sexual harassment and sexual assault and may include dating violence, domestic violence, and “bullying” on the basis of sex, gender, or gender stereotypes., visit: <https://www.boisestate.edu/compliance/title-ix/> Or aliciaestey@boisestate.edu

Office of Institutional Compliance
Riverfront Hall, Room 306
208-426-1258

CARE Alert

File an anonymous report about someone affiliated with the college if you have any concerns about their well-being.

<https://www.boisestate.edu/care/>

Compliance Reporting Hotline

Boise State University is committed to conducting its affairs ethically and in compliance with applicable laws and regulations as well as institutional policies. Visit the site below to learn more about policies and how to file a report.

<https://secure.ethicspoint.com/domain/media/en/gui/37887/index.html>

Counseling Services

Provides individual and group counseling to Boise State students, staff, and faculty

Norco Building, 2nd Floor

208-426-1459

<https://www.boisestate.edu/healthservices/counseling/>

Gender Equity Center

Offers a comfortable lounge, kitchen, and food pantry; educational events related to gender and sexual orientation; and confidential, no-cost support related to: identity, relationships, academics, and harassment, violence, and life crises.

Student Union Building, 2nd Floor

208-426-4259

<https://www.boisestate.edu/genderequity/>

Housing and Residence Life

Provides a vibrant residential experience that promotes learning, academic excellence, and meaningful relationships. Gender inclusive housing is available in most locations.

1421 W Cesar Chavez Ln, Boise, ID 83706

208-447-1001

housing@boisestate.edu

Boise State University Resources (Continued)

Human Resources

Employees can change their preferred name by logging on to the HR System (Peoplesoft). Select 'Personal Information' then 'Names'. This will change the name on all university documents. Employees with a legal name change will need to provide an updated social security card and complete a Name Change Request form through the Human Resources office. Employees will need to contact OIT to change their email address.

2225 W University Dr. Capital Village #3 Boise, ID 83725

208-426-1616

<https://hrs.boisestate.edu/>

Information Desk

Students can receive a replacement Bronco ID card at no cost to update chosen or legal name. Bring a valid ID with your name to the Information Desk in the Student Union Building.

Student Union Building, 1st Floor

Office of the Registrar

Students that would like to update their legal or preferred name can submit an Information Update form to the Registrar.

Administration Building, Room 110

208-426-4249

<https://d25vtythmttl3o.cloudfront.net/uploads/sites/268/files/2018/10/Student-Information-Update.pdf>

Pride Alliance

Provides a safe space for LGBTQIA students at Boise State University to socialize with meetings that include games and activities.

<https://www.facebook.com/BSUpridealliance>

Sharon Gilchrist, Financial Aid Counselor

Discuss financial aid options

Administration Building, Room 113

208-426-1664

<https://www.boisestate.edu/financialaid/>

Transgender Alliance

Advocates for transgender, non-binary, and gender non-conforming students on campus. Facilitates regular meetings and events on Boise State campus.

<https://www.facebook.com/boisestatetransalliance/>

Communities for Adults

Allies Linked for the Prevention of HIV and AIDS (a.l.p.h.a.)

Provides low or no cost STI testing services for Chlamydia, Gonorrhea, Hepatitis C, and HIV.

Monday-Friday 11am-8pm

537 W Bannock St, Suite 100, Boise, ID 83702

208-424-7799

<http://www.alphaidaho.org/>

The Community Center

Hours: Monday & Wednesday 1pm – 3pm

Tuesday, Thursday, & Friday CLOSED

Saturday 10am - 12pm, 1pm - 4pm

Sunday CLOSED

1088 N Orchard St, Boise, Idaho

208-336-3870

<https://tccidaho.org/>

Treasure Valley Parents, Families, and Friends of Lesbians and Gays (PFLAG)

Supports LGBT people, their families and friends locally and nationally by providing PFLAG chapter help lines, support group meetings and resources.

208-863-5831

luz_id@yahoo.com

Tri-States Transgender Group

Provides support, advocacy, education and social opportunities for the transgender community in a safe and fun atmosphere. Run by Emily Jackson-Edney, a local Trans activist.

208-830-7253

emiedney@hotmail.com

<https://www.facebook.com/TristateTrans/>

Wassmuth Center for Human Rights

Offers programs pertaining to the education of the spiral of injustice.

208-345-0304

777 South 8th Street, Boise, ID 83702

<https://wassmuthcenter.org/wassmuth-center-for-human-rights-boise/>

Communities for Youth

The Community Center

See “Communities for Adults” on page 5 for additional details

GLSEN

A National Education Organization focused on ensuring safe schools for all students, regardless of their sexual orientation, gender identity or gender expression.

<http://www.glsen.org/>

FB: <https://www.facebook.com/GLSEN/>

Youth Alliance for Diversity (YAD)

Open to all LGBT and allies ages 20 and under. It meets every Sunday from 4-6pm at The Community Center (TCC).

1088 N. Orchard, Boise, ID 83705

<https://www.facebook.com/boiselgbtyouth>

Counseling

Boise State Counseling Services

See “Boise State University Resources” on page 3 for additional details.

Dianne Piggott, LPC

As a trans woman herself, she knows how affirming it is to find a counselor who truly understands what it is like to struggle with identity issues. She is ready to help LGBT people navigate life and become the absolute best versions of themselves.

Piggott Counseling

208-506-3008

dianne@piggottcounseling.com

Dr. Misty Wall, PhD, MSSW, LCSW

LGBT Issues, Family Adjustment

2825 S. Meridian Road, Suite 150

Meridian, ID 83642

208-297-9495

<https://www.drwallandassociates.com/>

Gabrielle Davis, LPC

Gabrielle is committed to creating an accessible and equitable counseling space for BIPOC and Queer/Trans Folks and areas of expertise include depression and anxiety, identity issues, coming out, transitioning, strengthening relationships, addressing barriers and oppression, increasing self-esteem and confidence, support during times of changes and loss and finding balance in life and strength within yourself.

Equitable Counseling and Consulting

208-219-7729

hello@equitablecounseling.com

<http://equitablecounseling.com/>

Jennifer Gess, PhD, LMHC, LCPC

LGBTQIA Distance Counseling and Training

425-922-9016

www.jennifergess.com

Jennifer Lamb, LMFT

Specializes working with the LGBTQ community, particularly with trans, nonbinary, and queer identified clients ages 12 and up.

Oak Tree Counseling and Wellness

3550 W Americana Terrace, Suite 320, Boise, ID 83706

785-491-1508

<https://www.jmbtherapy.com/>

Counseling (Continued)

Jen Moore, LPC, NCC, M.Coun.

Specializes working with people across the lifespan who identify as lesbian, gay, bisexual, transgender, questioning, queer and/or allies (LGBTQ+); working with individuals, couples, and families.

Oak Tree Counseling and Wellness
3350 W. Americana Terrace Suite 210B, Boise, ID 83706
208-917-1131
<https://www.jenmoorecounseling.com/>

Kristine Kirsch, LPC, M.Coun.

Individual Counseling and transition group.

Synchronicity Counseling
3350 Americana Terrace, Suite #215 Boise, ID 83706
208-830-8658
<http://www.kirschcounseling.com/ResourcesforTransgenderedClientsandFamily.en.html>

Mardi Stacy, PhD, PLLC; Licensed Psychologist

Work with adults, teens and couples, seeking help with relationships, transitions and more.

1718 W Jefferson, Boise, ID, 83702
208-424-8130
<http://www.mardistacyphd.com/>

Maxwell Dusky, LPC

Maxwell is a member of the transgender community. He is passionate about continuing to strengthen the LGBT community through counseling.

Ambitions of Idaho
3017 Meridian Rd. Meridian, ID 83642
208-888-6123
m.dusky@id.ambitons.org

Natasha Yaganeh, MS, LPC, NCC

Honors diversity and welcomes people from all ethnic, religious, spiritual, and cultural backgrounds. Poly and kink friendly.

410 S Orchard Suite 232 Boise ID 83705
208-718-1934
evolvecounselingidaho@protonmail.com
<https://www.evolvecounselingidaho.com/>

Transgender Therapy Support Group

Ambitions of Idaho
3017 Meridian Road, Meridian, ID
208-466-7443
Every Monday 6:30-8:00 p.m.
\$20 per group (sliding scale available for those who qualify)

Crisis Support

Gender Equity Center

Licensed Master Social Workers can meet with students for support service meetings and provide referrals Monday-Friday 8am-5pm.

Boise State Gender Equity Center, Student Union Building, 2nd Floor

208-426-4259

<https://genderequity.boisestate.edu/>

IYG National Hotline for LGBT Youth

Provides comprehensive information about national and local resources for LGBTQ teens.

1-800-347-TEEN

The Northwest Network

Information for LGBT survivors of abuse.

206-568-7777

<https://www.nwnetwork.org/support-for-survivors>

Self-Rescue Manual

A guide to all community resources and supports in Ada County.

<http://www.selfrescuemanual.com/>

Idaho Suicide Prevention Lifeline

A crisis intervention, emotional support, problem solving and referrals to local resources for persons at risk for suicide and for those concerned about them.

Text or Call: 1-208-398-4357

<https://www.idahosuicideprevention.org/>

Trans Lifeline

A crisis support hotline staffed by transgender people for transgender people.

877-565-8860

translifeline.org

Trevor Project/Helpline

Crisis Intervention for LGBT Youth

1-866-488-7386

TrevorText: Text START to 678678

<http://www.thetrevorproject.org/section/about>

Physicians

Dr. Ashley Davis, M.D.

Certified in Family Medicine

Hormones and General Practice

30% discount on office visit and 10% discount on bloodwork for cash payments.

222 North 2nd Street #204, Boise, ID 83702

208-429-9100

<http://davisfamilymedicine.net/>

Dr. Daniel P. Flynn, M.D.

Pediatric Endocrinology

St. Luke's Children Endocrinology

Open Mon-Fri 8am-4pm

Idaho Professional Building 125 E. Idaho St

Suite 200, Boise, ID 83712

208-381-7340

<https://www.stlukesonline.org/health-services/providers/flynn-daniel>

Dr. Kelly Pennings, DO

Family Physician

Hormones, Puberty Blockers

St. Luke's South Meridian Clinic

4949 S. Hillsdale Road Meridian ID 83742

208-706-6400

Dr. Lisey Etherington, M.D.

FtM Breast Reconstruction

Saint Alphonsus Medical Group Plastic & Reconstructive Surgery

900 N Liberty St, Ste 101, Boise, ID 83704

208-302-2200

<https://www.saintalphonsus.org/reconstructive-surgery>

Dr. Marvin Alviso, M.D.

Family medicine, hormones, puberty blockers, HIV-AIDS, Sliding scale available for cost of office visit and prescriptions (including hormones).

Family Medicine Residency

777 N Raymond St, Boise, ID 83704

208-514-2500

<http://www.fmridaho.org/residency/>

Dr. Pennings, M.D.

Specializes working with trans individuals.

Family Medicine Residency

777 N. Raymond St, Boise, ID 83704

208-514-2500

<http://www.fmridaho.org/residency/>

Planned Parenthood

Prescribe and monitor hormones, sliding scale services available

Boise clinic: 3668 N. Harbor Ln, Boise, ID 83703

Meridian clinic: 2112 E. Franklin Rd, Meridian, ID 83642

800-769-0045

<https://www.plannedparenthood.org/learn/sexual-orientation-gender/trans-and-gender-nonconforming-identities/what-do-i-need-know-about-trans-health-care>

Dr. Tara Whitaker, M.D.

Family Medicine, Hormones

Capital City Family Medicine

1520 W. State St, Suite 100, Boise, Idaho 83702

208-947-7700

<https://www.stlukesonline.org/health-services/providers/whitaker-tara>

Sarah M. Voye, PA-C

Family Medicine, Hormones

Capital City Family Medicine

1520 W. State St, Suite 100, Boise, Idaho 83702

208-947-7700

<https://www.stlukesonline.org/health-services/providers/whitaker-tara>

Name Changes, Documents and Identity

American Civil Liberties Union of Idaho (ACLU)

LGBT Rights, Voting Rights, and Transgender Document Rights. Excellent starting point if you feel you have been discriminated against.

PO Box 1897, Boise, ID 83701

208-344-9750

<https://acluidaho.org/>

Fair is Fair Idaho

Associated with the ACLU of Idaho. Information for name change and gender change in Idaho.

www.fairisfairidaho.org

Idaho Birth Certificate Changes

People born in Idaho can apply to change the indicator of sex on their birth certificate to match their gender identity and can update the name on the birth certificate after a legal name change.

https://healthandwelfare.idaho.gov/Portals/0/Health/Vital%20Records/GenderChangePacket_4-18.pdf

Idaho Driver's License Changes

Update name after a legal name change

https://itd.idaho.gov/wp-content/uploads/2018/08/DMV_Name-Change.pdf

Legal Name Change

Visit the websites below to learn how to change your name in the state of Idaho.

<https://courtselphelp.idaho.gov/name-changes>

<https://www.idaholegalaid.org/node/2215/name-change-self-help-forms>

Name Change with Boise State Registrar Office

See Boise State University Resources, pg. 2

Support and Education for Allies, Friends, Family, School Administrators

Boise State University Gender Equity Center LGBTQIA+ Presentations:

Current offerings include Introduction to LGBTQIA+ Identities, Supporting the LGBTQIA+ Community, and Trans Identities. Request a presentation on the Gender Equity Center website.
208-426-4259

<https://genderequity.boisestate.edu/>

TransYouth Family Allies

Provides education and resources to develop supportive environments for trans, gender variant, or gender questioning youth.

888-462-8932

<http://www.imatyfa.org/>

Treasure Valley PFLAG

See Communities for Adults, pg. 5