

ERIC MICHAEL MARTIN

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EDUCATION

- Ph.D. in Kinesiology - Psychosocial Aspects of Sport and Physical Activity
Michigan State University, East Lansing, MI August 2011 – May 2016
Advisors: Dr. Martha Ewing and Dr. Dan Gould
- M.S. in Sport Studies - Sport Behavior and Performance
Miami University, Oxford, OH August 2009 – August 2011
Advisors: Dr. Thelma Horn and Dr. Robin Vealey
- B.S. in Psychology, Minor: Spanish - University Honors Scholar
Colorado State University, Fort Collins, CO Sept. 2004 – December 2008
Advisor: Dr. Brian Butki

PROFESSIONAL EXPERIENCE

- Assistant Professor, Department of Kinesiology, Boise State University Fall 2016 – present
Graduate Faculty, Department of Kinesiology, Boise State University Fall 2016 – present
Co-Director, Center for Physical Activity and Sport, Boise State University Fall 2016 – present
Adjunct Faculty, Sport Psychology Department, JFK University 2018 – 2020
Graduate Teaching Assistant, Michigan State University 2011 – 2016
Graduate Research Assistant, Miami University 2010 – 2011
Graduate Teaching Assistant, Miami University 2009 – 2010
Camp Coordinator, Youth Sports Camps, Colorado State University 2007 – 2009
Field Supervisor, Office Worker, City of Fort Collins, Youth Sports Department 2004 – 2009
Camp Counselor, Camp Towanda, Honesdale, PA 2005

TEACHING EXPERIENCE

- Boise State University, Boise, ID**
- KINES 360 – Psychology of Coaching Spring 2020
KINES 363 – Exercise Psychology Spring 2020
KINES 532 – Applied Sport Psychology Spring 2020
KINES 363 – Exercise Psychology Fall 2019
KINES 365 – Social Psychology of Sport and Physical Activity Fall 2019
KINES-AL 506 – Psychological Aspects of Leadership Summer 2019
KINES 532 – Applied Sport Psychology Fall 2018
KINES 365 – Social Psychology of Sport and Physical Activity Fall 2018
KINES 532 – Applied Sport Psychology Summer 2018
KINES-AL 506 – Psychological Aspects of Leadership Summer 2018
KINES 363 – Exercise Psychology Spring 2018
KINES 530 – Psychology of Exercise and Sport Spring 2018
KINES 363 – Exercise Psychology Fall 2017
KINES 365 – Social Psychology of Sport and Physical Activity Fall 2017
KINES-AL 506 – Psychological Aspects of Leadership Summer 2017
KINES 363 – Exercise Psychology Summer 2017

KINES 363 – Exercise Psychology	Spring 2017
KINES 532 – Applied Sport Psychology	Spring 2017
KINES 363 – Exercise Psychology	Fall 2016
KINES 365 – Social Psychology of Sport and Physical Activity	Fall 2016

Michigan State University, East Lansing, MI

Instructor KIN 250 – Research and Measurement – Online Course	Summer 2015
Instructor KIN 371 – Introduction to Research Methods in Kinesiology	Spring 2015
Instructor KIN 371 – Introduction to Research Methods in Kinesiology	Fall 2014
Instructor KIN 250 – Research and Measurement	Fall 2014
Instructor KIN 250 – Research and Measurement	Spring 2014
Co-Instructor KIN 345 – Sport and Exercise Psychology	Fall 2013
Co-Instructor KIN 445 – Sociocultural Analysis of Physical Activity	Spring 2013
Co-Instructor KIN 345 – Sport and Exercise Psychology	Fall 2012
Basic Instructional Program	Fall 2011 – Summer 2012

At Michigan State University I was responsible for all instructional components with Instructor of Record solely responsible for oversight and feedback on class structure and teaching techniques.

Miami University, Oxford, OH

TA KNH 375 – Psychological Perspectives in Sport and Exercise	Spring 2011
TA KNH 473 – Children and Youth in Sport	Fall 2010
Lab Instructor – KIN 184	Fall 2009 – Spring 2010
Instructor - Physical Activity Life Skills Courses	Fall 2009 – Spring 2010

Teaching Assistant duties included assuming lead instructor duties for multiple topics of both KNH 375 and KNH 473, creating active learning in-class activities, and grading assignments.

Colorado State University, Fort Collins, CO

Supervising TA PSY 296 - Controversial Issues in Psychology	Fall 2008
Supervising TA HONR 192R - Honors Peer Mentor Program	Fall 2007
Instructor PSY 296 - Controversial Issues in Psychology PSY 296	Spring 2008
Instructor HONR 192R - Honors Peer Mentor	Fall 2005 – 2008

Supervising TA duties included revising and modifying existing curriculum, creating instructional guides, leading pre-semester retreats, and directing weekly meetings with 10 – 25 instructors.

PUBLICATIONS

(Note: Underlined author names indicate students working under the direction of E.M. Martin)

Research Publications

21. Siegel, S.R., True, L.T., Pfeiffer, K.A., Wilson, J.S., Martin, E.M., S.R., Branta, C.F., Pacewicz, C., & Battista, R.A. (in press, expected publication 2020). Recalled age at menarche: A follow-up to the Michigan State University Motor Performance Study. *Measurement in Physical Education and Exercise Science*.
20. Pfeiffer, K.A., True, L.T., Martin, E.M., Siegel, S.R., Branta, C.F., Haubenstricker, J., Seefeldt, V. (in press, expected publication 2020). Methods of the Michigan State University Motor Performance Study. *Measurement in Physical Education and Exercise Science*.
19. True, L.T., Martin, E.M., Pfeiffer, K.A., Siegel, S.R., Branta, C.F., Haubenstricker, J., Seefeldt, V. (in press, expected publication 2020). Tracking of physical fitness components from childhood to adolescence: A longitudinal study, *Measurement in Physical Education and Exercise Science*.
18. Martin, E.M., True, L.T., Pfeiffer, K.A., Siegel, S.R., Seefeldt, V. (in press, expected publication 2020). An examination of sport participation tracking and adult physical activity for participants of the Michigan State University Motor Performance Study. *Measurement in Physical Education and Exercise Science*.
17. Mac Intosh, A., Martin, E.M., Ewing, M. E., & Gould, D. (2020). Adolescents' views of success: Experiences, obstacles, and perceptions. *International Journal of Adolescence and Youth*, 25(1), 491-504.
16. Vealey, R.S., Martin, E.M., Coppola, A., Ward, R.M., Chamberlain, J. (2020). The slippery slope: Can motivation and perfectionism lead to burnout in coaches? *International Sport Coaching Journal*, 7(1), 1-10.
15. Martin, E.M., Moorcroft, S., & Johnson, T. (2019). Backwards design and program level approaches to coach development in higher education. *International Sport Coaching Journal*, 6(3), 329 – 338.
14. Martin, E.M., Cowburn, I.H.J., & Gould, D.R. (2019). Parent perceptions of their child's coach: Coaching knowledge, behavior, and interpersonal connections. *Journal of Medicine and Science in Tennis*, 24(1), 16 – 19.
13. Voelker, D.K., Martin, E.M., Blanton, J.E., & Gould, D.R. (2019). Views and practices of high school coaches on the education and training of team captains in leadership. *The Journal of Leadership Education*, 18(2), 18 – 34.
12. Anderson-Butcher, D., Martin, E.M., Paluta, L. & Gould, D.R. (2018). Patterns of social skill development over time among clusters of LiFEsports participants, *Journal of Children and Youth Services Review*, 87, 17 – 25.

11. Mac Intosh, A. & **Martin, E.M.** (2018) Creating athlete activists: Using sport as a vehicle to combat racism, *Journal of Sport Psychology in Action*, 9(3), 159-171.
10. Westfall, S.W., **Martin, E.M.**, & Gould, D.R. (2018). The association between the coach-athlete relationship and burnout among high school coaches. *The Journal of Sport Behavior*, 41(1), 107 - 126.
9. **Martin, E.M.**, Ewing, M., Oregon, E. (2017). Specialization and sport experience in collegiate Division I athletes: How did they get here? *Journal of High Ability Studies*, 28(2), 149-165.
8. **Martin, E.M.**, Cowburn, I.H.J., & Mac Intosh, A. (2017). Developing a team mission statement: Who are we? Where are we going? and How are we going to get there? *Journal of Sport Psychology in Action*, 8(3), 197-207.
7. **Martin, E.M.**, Gould, D., & Ewing, M.E. (2017). Youth's perceptions of negative behavior and ethical attitudes toward sport: Gender, developmental level, and competitive level effects. *International Journal of Sport and Exercise Psychology*, 15(1), 64 -79.
6. **Martin, E.M.**, Ewing, M. E., & Gould, D. (2014). Social agents' influence on self-perceived good and bad behavior of American youth involved in sport: Developmental level, gender, and competitive level effects. *The Sport Psychologist*, 28(2), 111 - 123.
5. Pfeiffer, K. P., Gould, D. R., Vogt, C., Oregon, E., **Martin, E.M.**, Gammon, C., & Maienbrook, M. (2014). Nature ninjas: Piloting a nature-based physical activity and youth development intervention in elementary school children. *Pediatric Work Physiology Meeting*.
4. **Martin, E.M.**, & Horn, T. S. (2013). The role of athletic identity and passion in predicting burnout in adolescent female athletes. *The Sport Psychologist*, 27(4), 338 - 348.
3. Horn, T. S., Byrd, M., **Martin, E.M.**, & Young, C. (2012). Perceived motivational climate and team cohesion in adolescent athletes. *Sport Science Review*, 3, 25-48.
2. Myers, N., Chase, M.A., Pierce, S.W., & **Martin, E.M.** (2011). Coaching efficacy and exploratory structural equation modeling: A substantive-methodological synergy. *Journal of Sport & Exercise Psychology*, 33(6), 779 - 806.
1. Coppola, A., **Martin, E.M.**, Byrd, M. M., Bergman, C., & Erway, T. (2011). Mental skills training with a group of seventh-grade football players: The experiences of graduate student mental trainers and suggestions for future youth-sport programs. *Performance Excellence Movement*. Association for Applied Sport Psychology: Madison, WI.

Manuscripts in revisions

- Mac Intosh, A., **Martin, E.M.** & Kluch, Y. (in revisions). Collegiate student-athlete perceptions about race, diversity & social justice. *Psychology of Sport and Exercise*.

Pierce, S.W., **Martin, E.M.**, Rossetto, K., O'Neil, L. (in revisions). Resilience for the Rocky Road: Lessons Learned from an Educational Program for First Year Collegiate Student-Athletes. *Journal of Sport Psychology in Action*.

Battista, R.A., Pfeiffer, K.A., Siegel, S., True, L.T. **Martin, E.M.**, Pacewicz, C., Branta, C.F., Haubenstricker, J., Seefeldt, J. (under review). Can physical fitness predict high school sport participation? *Measurement in Physical Education and Exercise Science*.

Manuscripts under review

Ostrander, A., **Martin, E.M.**, & Ludwig, G. (under review). The interaction of passion and sport type with injury prevalence and treatment adherence among collegiate athletes. *Research Quarterly in Exercise Science*.

Ohashi, A., **Martin, E.M.**, & Barnicle, S. (under review). Transitioning out of sport: Perspectives of Student-athlete support or development services. *Journal for the Study of Sports and Athletes in Education*.

Book Chapters

3. **Martin, E.M.**, Bennett, H., & Johnson C. (2020). The Where of teaching may matter as much as the how: Teaching perspectives from three different institutions. In A. Shipherd and J Coumbe-Lilley, High Impact Teaching in Sport and Exercise Psychology Educators.
2. Horn, T. S. & **Martin, E.M.** (2014) Self-fulfilling Prophecy. In R. Eklund, and G. Tenenbaum, Encyclopedia of Sport and Exercise Psychology.
1. Chase, M.A. & **Martin, E.M.** (2012). Coaching Efficacy. In J. Dennison, P. Potrac, and W. Gilbert, *Handbook of Sports Coaching*. Routledge.

Service Publications

9. **Martin, E.M.** (May 2020). How to help students develop resilience in your classroom. *Physical and Health Education America*. <http://www.pheamerica.org/2020/how-to-help-students-develop-resilience-in-your-classroom/>
8. **Martin, E.M.** (August 2019). Analysis of student-athlete perceptions about race, diversity, and social justice: A comparison of two years of data collection and programming. Report to *Ross Initiative in Sports for Equality*.
7. **Martin E.M.** (April, 2018). Burnout Prevention Strategies for Coaches, Parents, and Athletes. *Idaho Youth Sports Commission Newsletter*. <http://idahoyouthsports.com/idaho-youth-sports-talk-blog/>

6. Macintosh, A., **Martin, E.M.**, Williams, C., & Williams III, D. (2018). The athlete's quest for social justice: An examination of 2017 goals and impact. *Super Bowl Report: Ross Initiative in Sports for Equality*. url: <https://risetowin.org/assets/pdf/AthleteActivism2017FullReport-1.pdf>
5. **Martin E.M.** (January, 2018). Symptoms and Causes of Burnout. *Idaho Youth Sports Commission Newsletter*
4. **Martin, E.M.** (2017). Idaho High School Athletic Association 2017 Coaches' Needs Assessment. Report to IHSAA Executive Board to inform future programming. *IHSAA*.
3. **Martin, E.M.** (2017). RISE High school leadership program Fall 2016 Summary Report. *Ross Initiative in Sports for Equality Annual Report*.
2. **Martin E. M.** (2015). Sport specialization: Not the only pathway to sport success. *Michigan High School Athletic Association Game Plan Magazine*.
1. **Martin, E. M.** (2013). The ABC's of helping your athletes excel in pressure situations. *Michigan High School Athletic Association Game Plan Magazine*.

MEDIA CONTRIBUTIONS

Newspaper Contributions

- Connecting mental health and exercise: A key player in the path to wellbeing. By Delaney Brassil. 2020. *The Arbiter*. url: <https://arbiteronline.com/how-exercise-can-support-mental-health-for-students/>
- Handling the state tourney pressure cooker can be key to athletes' success. By Rachel Roberts. 2017. *The Idaho Statesman*. url: <http://www.idahostatesman.com/sports/high-school/article151148532.html>

Podcast Appearances

- PsychSessions: Conversations about Teaching N' Stuff Podcast. Eric Martin: Optimizes and Appreciates Opportunities, Builds Communities, Family Man. January, 21, 2020. <http://psychsessionspodcast.libsyn.com/e084-eric-martin-optimizes-affordances-appreciates-opportunities-builds-communities-family-man>
- Game Plan for Life. Skip Hall talks to Dr. Eric Martin. url: <http://www.941thevoice.com/eric-martin-sports-psychologist/>. March 10, 2018.
- Bridging the Gap with Matt Vezzani. Sport experiences of Division I collegiate athletes and their perceptions of specialization. Featured Guest. April 10, 2017. url: <http://bridgingthegappodcast.libsyn.com/sport-experiences-of-division-i-collegiate-athletes-and-their-perceptions-of-the-importance-of-specialization>

Radio Appearances

Caves and Prater Radio Show on KTIK 93.1. Personality influence on athletic performance, the importance of finding a mindset that works for each athlete to perform at their highest level, and how fans respond to various athlete actions including activism. May 21, 2019.
<http://www.ktik.com/2019/05/21/idaho-sports-talk-with-caves-prater-are-sports-stars-better-sassy-or-silent-sports-personality-issues-with-bsu-sports-psychologist-eric-martin-and-how-to-handle-the-warriors-in-the-finals-again/>

PRESENTATIONS

Scholarly Oral Presentations

22. **Martin, E.M.**, Pierce, S.W., Rossetto, K., O'Neil, L. (2020). Resilience for the rocky road: Supporting first year student-athletes in their transition to college. *National Collegiate Athletic Association National Conference*, Anaheim, CA.
21. **Martin, E.M.**, Amador, A., Byrd, M. (2019). The role of passion and athletic identity in reporting sport-related concussions. *Association of Applied Sports Psychology Conference*, Portland, OR.
20. Ohashi, A. & **Martin, E.M.** (2019) Transitioning Out of Sport: Perspectives of Student-Athlete Support or Development Services, *Association of Applied Sports Psychology Conference*, Portland, OR.
19. Macintosh, A.M., Stanley, C., Williams, C., & **Martin, E.M.** (2019) Athlete activism and leadership: A program using sport to combat racism. *American Psychological Association*, Chicago, IL.
18. **Martin, E.M.**, True, L.T., Pfeiffer, K., Siegel, S., Branta, C., Wisner, D. Haubenstricker, J., & Seefeldt, V. (2018). Youth sport participation and adult physical activity: The influence of fundamental movement skill instruction during childhood. *North American Society for Psychology of Sport and Physical Activity Conference*, Denver, CO.
17. True, L.T., **Martin, E.M.**, Pfeiffer, K., Siegel, S., Branta, C., Haubenstricker, J., & Seefeldt, V. (2018). Tracking of physical fitness components from childhood to adolescence: A longitudinal study *North American Society for Psychology of Sport and Physical Activity Conference*, Denver, CO.
16. Branta, C., Haubenstricker, J., Pfeiffer, K., True, L.T., **Martin, E.M.**, Siegel, S., & Seefeldt, V. (2018). An overview of the Michigan State University Motor Performance Study: Then and now. *North American Society for Psychology of Sport and Physical Activity Conference*, Denver, CO.
15. Walker, L., **Martin E.M.**, & Gould, D. (2017). Psychosocial outcomes from participation in a high school basketball program. *Eastern Canada Sport and Exercise Symposium*. Kingston, ON.
14. Statler, T., Morgan, T., & **Martin, E.M.** (2016). Student professional development workshop – job preparation. *Association of Applied Sports Psychology Conference*, Phoenix, AZ.

13. Ewing, M.E., **Martin, E.M.**, & Oregon, E. (2014). Overview of coaches perceptions of the millennial athlete. Symposium. *American Alliance for Health, Physical Education, Recreation and Dance*, St. Louis, MO.
12. **Martin, E.M.**, Ewing, M.E., & Oregon, E. (2014). Coaches' views of the characteristics of today's college athletes. Symposium. *American Alliance for Health, Physical Education, Recreation and Dance*, St. Louis, MO.
11. Oregon, E., Ewing, M.E., & **Martin, E.M.** (2014). Coaching the millennial athlete: Modifications and Strategies. Symposium. *American Alliance for Health, Physical Education, Recreation and Dance*, St. Louis, MO.
10. **Martin, E.M.**, Driska, A., Cowburn, I., & Pierce, S.W. (2014). 360 Consulting inside the B1G pressure cooker... *Midwest Sport and Exercise Symposium, Association of Applied Sports Psychology*, Bowling Green, OH.
9. Pfeiffer, K.P., Gould, D.R., Vogt, C., Oregon, E., **Martin, E.M.**, Gammon, C., & Maienbrook, M. (2013). Nature ninjas: Piloting a nature-based physical activity and youth development intervention in elementary school children. Pediatric Work Physiology Meeting.
8. **Martin, E. M.**, Ewing, M.E., Oregon, E., & Immink, G. (2012). The millennial athlete: Division I head coaches perceptions of changing collegiate athletes. *Midwest Sport and Exercise Symposium, Association of Applied Sports Psychology*, East Lansing, MI.
7. Chase, M. A., Pierce, S. W., **Martin, E.M.**, Bergman, C., Markwart, L., & Ewing, M. E. (2011, September). Youth sport parent-coaches: Qualifications, coaching efficacy, and why they coach. Symposium. *Association of Applied Sport Psychology Conference*, Honolulu, Hawaii.
6. Chase, M. A., Pierce, S. W., **Martin, E.M.**, Bergman, C., Markwart, L. (2011, September). Qualifications of youth sport parent-coaches: Are they prepared to coach. Symposium. *Association of Applied Sport Psychology Conference*, Honolulu, Hawaii.
5. Chase, M. A., Pierce, S. W., **Martin, E.M.**, Bergman, C., & Markwart, L. (2011, September). Coaching efficacy and motives to coach for parent and non-parent youth sport coaches: Why are they coaching? Symposium. *Association of Applied Sport Psychology Conference*, Honolulu, Hawaii.
4. Chase, M. A., Pierce, S. W., **Martin, E.M.**, & Bergman, C., (2011, September). Organizational perspective of parent and non-parent youth sport coaches: How can we better prepare coaches? Symposium. *Association of Applied Sport Psychology Conference*, Honolulu, Hawaii.
3. **Martin, E. M.**, & Horn, T. S. (2011, February). Passion, athletic identity and burnout; Is it in you? *Midwest Sport and Exercise Symposium, Association of Applied Sports Psychology*, Oxford, OH.

2. Vealey, R.S., Coppola, A., **Martin, E.M.**, & Cohen, S. (2010). The Slippery Slope: Does motivation and perfectionism lead to burnout in coaches? *Association of Applied Sports Psychology Conference*, Providence, RI.
1. Chase, M. A., Pierce, S., & **Martin, E.M.**. (2010). Good to great coaches: Examining sources of coaching efficacy in collegiate and high school coaches. *National Association for Kinesiology and Physical Education in Higher Education*, Scottsdale, AZ.

Poster Presentations

22. Butki, B.B. & **Martin, E.M.** (Submitted, awaiting decision). Motivations to move revisited: Understanding children's activity choices. *Association of Applied Sport Psychology*, Orlando, FL.
21. O'Neil, L., Pierce, S.W., **Martin, E.M.** & Rossetto, K. (Submitted, awaiting decision). Development and evaluation of a resilience-based educational program for first-year collegiate student-athletes. *Association of Applied Sport Psychology*, Orlando, FL.
20. **Martin, E.M.** & Rossetto, K. (2020). The influence of belonging on collegiate students' perceived stress, resilience, and satisfaction with life. *International Association for Relationship Research*, London, UK.
19. **Martin, E. M.** & Horn, T.S. (2020). Utilizing variable- and person-centered analyses to investigate the passion-perfectionism relationship in adolescent athletes. A more person-centered approach to investigating passion and perfectionism in youth sport athletes. *North American Society for Psychology of Sport and Physical Activity Conference*, Vancouver Canada.
18. **Martin, E.M.**, Mac Intosh, A., & Kluch, Y. (2019). Collegiate athletes' views on social support and social causes: Implications for athlete activism. *Association of Applied Sports Psychology Conference*, Portland, OR.
17. Siegel, S.R., Pfeiffer, K.A., True, L.T., **Martin, E.M.**, Pacewicz, C., Branta, C., & Battista, R. (2019). Recalled age at menarche from the Michigan State University Motor Performance Study. *American College of Sports Medicine Annual Meeting*, Orlando, FL.
16. Mac Intosh, A., **Martin, E.M.** (2018). Collegiate Student-Athlete Perceptions about Race, Diversity & Social Justice. *Association of Applied Sport Psychology Conference*, Toronto, Canada.
15. Mac Intosh, A., Coakley, S. & **Martin, E.M.** (2018). Moving the Chains: Athletes Using their Platform to Create Social Change. *Association of Applied Sport Psychology Conference*, Toronto, Canada.
14. **Martin, E.M.**, Byrd, M., Ede, A., & Maurice, S. (2018). Coubertin's Corner - Increasing Group Functioning in the Classroom: Four Perspectives from the Field. *Association of Applied Sport Psychology Conference*, Toronto, Canada.

13. **Martin, E.M.**, Walker, L., & Gould D.R. (2018). Motivational influences and strategies to maintain motivation across a high school basketball season. *American Psychological Association Annual Convention*, San Francisco, CA.
12. **Martin, E.M.**, Petranek, L., & Butki, B. (2018). The influence of parental support and pressure on youth sport passion. *North American Society for Psychology of Sport and Physical Activity Conference*, Denver, CO.
11. Siegel, S.R., Wilson, J., Pfeiffer, K.A., True, L., & **Martin, E.M.** (2017). Can child motor performance tasks predict high school sport participation? A look at the Michigan State University Motor Performance Study. *Pediatric Work Physiology*, Paralia, Pieria, Greece.
10. **Martin, E.M.**, Gould, D.R., Walker, L.F. (2017). Student athletes' emotional experiences across a high school basketball season. *North American Society for Psychology of Sport and Physical Activity Conference*, San Diego, CA.
9. **Martin, E.M.**, Cowburn, I.H.J., & Mac Intosh, A. (2016). Developing a Team Mission Statement: Who are we, Where are we going, and How are we going to get there? *Association of Applied Sport Psychology Conference*, Phoenix, AZ.
8. **Martin, E.M.**, Ewing, M.E., Oregon, E., & Gilson, T. (2014) Sport experiences of Division I collegiate athletes and their perceptions of the importance of specialization. *Association of Applied Sport Psychology Conference*, Las Vegas, NV.
7. Horn, T. S. & **Martin, E.M.** (2014). A profile-based analysis of the link between perceived motivational climate and psychosocial well-being in adolescent female athletes. *North American Society for the Psychology of Sport and Physical Activity Conference*, Minneapolis, MN.
6. MacIntosh, A., **Martin, E.M.**, Ewing, M. E., Gould, D., & Bodenbach, A. (2013) Adolescents' views of success: Experiences, obstacles and perceptions. *Association of Applied Sport Psychology Conference*, New Orleans, LA.
5. Chase, M.A., Hill, C., Pierce, S.W., & **Martin, E.M.** (2013) Applied implications of coaching efficacy beliefs for youth sport athletes and coaches. *Association of Applied Sport Psychology Conference*, New Orleans, LA.
4. **Martin, E.M.**, Horn, T.S., Vealey, R., & Chase, M.A. (2012). The role of athletic identity and passion in predicting burnout in adolescent female athletes. *Association of Applied Sport Psychology Conference*, Atlanta, Georgia.
3. Chase, M.A., Myers, N.D., Pierce, S., **Martin, E.M.**, Bergman, C., & Markwart, L. (2010). Coaching Efficacy in Youth Sport Parent-Coaches. *Midwest Sport and Exercise Psychology Symposium, Association of Applied Sports Psychology*, Muncie, IN.
2. **Martin, E.M.**, Butki, B., & Ness, A. (2009). Guilt or entitlement: Health behaviors on exercise vs. non-exercise days. *Association of Applied Sports Psychology Conference*, Salt Lake City, UT.

1. **Martin, E.M.**, & Butki, B. (2008). Sport Participation: Understanding the 12-Year-Old Peak. *Association of Applied Sports Psychology Conference*, St. Louis, MO.

Student Regional Presentations

19. **Garabo, N.** & **Martin, E.M.** (2020). Coaching feedback's influence on passion and satisfaction in sport in Division I athletes. *Boise State Undergraduate Research Showcase*.
18. Stevens, E. & **Martin, E.M.** (2020). How coaching feedback influences an athlete's motivation: A self-determination perspective. *Boise State Undergraduate Research Showcase*.
17. **Weisinger, T.** & **Martin, E.M.** (2020). Collegiate student-athletes engagement in activism: Target for change and method for increasing awareness. *SAHS Research Conference/Graduate Student Showcase*, Boise, ID.
15. **Kujala, S.** & **Martin, E.M.** (2020). The effects of mental training on acute psychophysiological stress responses in endurance athletes. *SAHS Research Conference/Graduate Student Showcase*, Boise, ID.
14. **Bonifilio, K.** & **Martin, E.M.** (2019). The role of passion and athletic identity in predicting concussion reporting behaviors in youth sport athletes. *Idaho Conference on Undergraduate Research*. Boise ID.
13. **Amador, A.**, & **Martin, E.M.** Youth Athletes' Concussion Knowledge and Reporting Behavior. *Boise State University Undergraduate Research Conference*. Boise, ID.
12. **Ostrander, A.**, & **Martin, E.M.** Injury rates and their relation with athlete passion. *Boise State University Undergraduate Research Conference*. Boise, ID.
11. **Korbel, E.**, & **Martin, E.M.** Does Grit Predict Perfectionism in Division I student-athletes? *Boise State University Undergraduate Research Conference*. Boise, ID.
10. **Vesciano, D.**, Rossetto, K., & **Martin, E.M.** Defining resilience across disciplines and programs. *Boise State University Undergraduate Research Conference*. Boise, ID.
9. **Bangs, N.P.** & **Martin, E.M.** (2019). Effects of a mental skills and mindfulness training program with endurance athletes. *Graduate Student Showcase*, Boise, ID.
8. **Amador, A.** & **Martin, E.M.** (2018) How Parental Involvement Plays Into Youth's Passion Development. *Idaho Conference on Undergraduate Research*. Boise ID.
7. **Zerufael, I.**, **Ohashi, A.**, & **Martin, E.M.** (2018). Elite athletes perceptions of the importance of specialization. *Graduate Student Showcase*, Boise State University, Boise, ID.
- Graduate Student Showcase COHS Award Winner
<https://hs.boisestate.edu/blog/2018/05/30/college-of-health-sciences-3-minute-thesis-and-graduate-showcase-winners/>

6. Ohashi, A. & **Martin, E.M.** (2017). Transitioning out of sport: Perspectives of student-athlete support or developmental services. *Graduate Student Showcase*, Boise, ID.
5. Weber, S. & **Martin, E.M.** (2016). How grit effects an athlete. *Michigan State University, University Undergraduate Research and Arts Forum*
4. Redoute, A. & **Martin, E.M.** (2016). The relationship between parent views of sport and child's sport passion. *Michigan State University, University Undergraduate Research and Arts Forum.*
3. Hart, D., Metoki, S., Keller, M., & Martin, E.M. (2016). Expectations of high school boys basketball players' roles, goals, obstacles and plans for success. *Michigan State University, University Undergraduate Research and Arts Forum*
2. Cisek, Z. & **Martin, E.M.** (2014). The differences in sport participation of hockey and basketball Division I basketball players. *Michigan State University Institute for the Study of Youth Sport Internship Presentation.*
1. Wilson, V. & **Martin E.M.** (2013). The role of specialization in the athletic success of collegiate soccer and football players. *Michigan State University, University Undergraduate Research and Arts Forum*

Service Presentations

19. Martin, E.M. (2020). Youth Athlete Concussion Knowledge and Attitudes toward Reporting. *St. Luke's Sports Medicine Concussion Clinic: 10th Annual Concussion Symposium*. Boise, Idaho.
18. **Martin, E.M.** (2020). Making change in youth sport. *Meridian PAL Youth Football Coach Orientation*, Meridian, Idaho.
17. **Martin, E.M.** (2019). Sport as a Vehicle for Change. *Ross Initiative in Sport for Equality Presentation at First Tee Leadership Clinic*, Boise, Idaho.
16. **Martin, E.M.** (2019). Identity and Diversity. *Ross Initiative in Sport for Equality Presentation at First Tee Leadership Clinic*, Boise, Idaho.
15. **Martin, E.M., Amador, A.,** Byrd, M. (2019). Predictors of youth athlete concussion reporting behaviors. *St. Luke's Concussion Clinic Provider Meeting*, Boise, Idaho.
14. **Martin, E.M., Amador, A.,** Byrd, M. (2019). Youth athlete concussion knowledge and attitudes toward reporting. *Eagle High School Concussion Summit*. Eagle, Idaho.
13. **Martin, E.M.** (2018). How to create a high-performing culture. *Wendell School District*, Wendell, Idaho.
12. **Martin, E.M.** (2018). Panel Discussion: How to create a high-performing culture. *IHSAA Coaches Clinic*. Boise, Idaho.

11. **Martin, E.M.** (2018). What is culture and why does it matter? *IHSAA Coaches Clinic*. Boise, Idaho.
10. **Martin, E. M.** (2018). Mental toughness: What is it and how can you incorporate training into practice? *Legends Football Coaches Clinic*. Boise, Idaho.
9. **Martin E. M.** (2016) How to attract athletes and keep them: Increasing your talent pool. *Michigan State Annual Coaches School*. East Lansing, Michigan
8. Cowburn, I. & **Martin, E. M.** (2016) Building a strong team: Developing a team mission and individualizing athlete goals. *Michigan State Annual Coaches School*. East Lansing, Michigan
7. **Martin, E. M.** & Ewing, M.E. (2016). Coaching today's millennial athlete: Life skill development. *Women in Sport Leadership Conference*, Lansing, Michigan.
6. **Martin, E. M.** (June 2015). The ABC's of Dealing with Pressure Situations: Helping Your Athletes Perform in the Clutch. *Michigan State University Annual Coaches School*. East Lansing, Michigan.
5. **Martin, E. M.** (October, 2014) What is Sports Psychology? *Michigan State University Psi Chi Undergraduate Meeting*, East Lansing, Michigan.
4. Ewing, M.E. & **Martin, E. M.** (2014) Coaching today's millennial athlete: An Update. *Women in Sport Leadership Conference*, Lansing, Michigan.
3. **Martin, E.M.** (2013). Understanding and enhancing youth motivation: The importance of establishing a positive sport environment. *Effective Coaching Clinic – Botswana*, Gaborone, Botswana.
2. **Martin, E. M.** (2013). Feeling comfortable with the uncomfortable: Helping your athletes compete and handle pressure situations. *Walled Lake Coaching Clinic*, Walled Lake, MI.
1. Ewing, M.E. & **Martin, E. M.** (2012). Coaching today's millennial athlete. *Women in Sport Leadership Conference*, Lansing, Michigan.

GRANTS

Current Grants

Primary Investigator, (2019-2020) Resilience for the rocky road: Supporting first year student-athletes in their transition to college. National Collegiate Activities Association Innovations in Research and Practice Grant, Submitted (\$25,000).

Co-Investigator, (2018 – 2019). Empowering student success through collaborative resilience programming. Department of Communication and Division of Research and Economic Development, Boise State University. Transforming Communication and Media Research & Creative Activity Grant, Awarded \$30,000. (Primary Investigator, Dr. Kelly Rosetto)

Principal Investigator, (2017-2018). Association of Applied Sport Psychology: The role of passion and athletic identity in reporting sport-related concussions. Awarded \$1,500.

Ad-hoc Journal Reviewer

Acta Gymnica
 Athletic Insight
 Conceptual and Motor Skills
 International Journal of Sport and Exercise Psychology
 Journal of Applied Sport Psychology
 Journal of Clinical Sport Psychology
 Journal of Coaching Education
 Journal of Sport Psychology in Action
 Psychology of Sport and Exercise
 Research Quarterly for Exercise and Sport
 The Sport Psychologist

MENTORSHIP

Boise State University, Boise, ID

2016 – present

Masters Theses

- Trystan Weisinger (expected defense May 2021; Committee Chair). Effect of deception on leg press strength performance in trained athletes.
- Shelanda Kujala (expected defense May 2021; Committee Chair). The effects of mental training on acute psychophysiological stress responses in endurance athletes.
- Neil Bangs (expected defense December 2020; Committee Chair). Effects of a mental skills and mindfulness training program with endurance athletes.
- Christian Sengfelder (Defended 2018; Committee Chair). The relationship between perfectionism and self-determined motivation in collegiate Division I athletes.
- Julie James (Defended 2018; Committee Member) Athletic identity and conformity to masculinity based on different types of sports.
- Ali Ohashi (Defended 2017; Committee Co-Chair) Transitioning out of sport: Perspectives of Student-athlete support or development services. 2017 – 2018 Boise State University Distinguished Masters' Thesis Award. <https://hs.boisestate.edu/blog/2018/09/12/master-of-science-in-kinesiology-alumna-wins-2017-2018-boise-state-university-distinguished-masters-thesis-award/>

Undergraduate Research Assistants

Boise State University, Boise, ID

2016 – present

- Nolan Garabo (2020)
 - **Poster Presentation (2020):** Boise State University Undergraduate Research Showcase. "Coaching feedback's influence on passion and satisfaction in sport in Division I athletes."

- Emily Stevens (2020)
 - **Poster Presentation (2020):** Boise State University Undergraduate Research Showcase. “How coaching feedback influences an athlete’s motivation: A self-determination perspective.
- Kinsley Bonfilio (2018 – 2019)
 - **Poster Presentation (2019):** Idaho Conference of Undergraduate Research. “The role of passion and athletic identity in predicting concussion reporting behaviors in youth sport athletes.”
- Delaney Vesciano (2018-2019)
 - **Poster Presentation (2019):** Boise State University Undergraduate Research Conference. “Defining resilience across disciplines and programs.”
- Erica Korbel. (2018 – 2019)
 - **Poster Presentation (2019):** Boise State University Undergraduate Research Conference. “Does Grit Predict Perfectionism in Division I student-athletes?”
- Allie Ostrander. (2018 – 2019)
 - **Poster Presentation (2019):** Boise State University Undergraduate Research Conference. “Injury rates and their relation with athlete passion.”
- Adriana Amador (2018-2019)
 - **Poster Presentation (2019):** Boise State University Undergraduate Research Conference. “Youth Athletes’ Concussion Knowledge and Reporting Behavior”
 - **Poster Presentation (2018):** Idaho Conference for Undergraduate Research. “How Parental Involvement Influences Youth Passion Development”
- Kenzie Sorrells (2017) – The influence on youth perceptions of parent behavior and sport passion.

Michigan State University, East Lansing, MI

2012 – 2016

- Sarah Weber. (2016). How Grit effects an athlete. *Michigan State University, University Undergraduate Research and Arts Forum*
- Alyssa Redoute (2016). The relationship between parent views of sport and child’s sport passion” *Michigan State University, University Undergraduate Research and Arts Forum*
- Derek Hart, Sonny Metoki, and Maddie Keller. (2016). Expectations of high school boys basketball players’ roles, goals, obstacles and plans for success” *Michigan State University, University Undergraduate Research and Arts Forum*
- Zack Cisek. (2014) The differences in sport participation of hockey and basketball Division I basketball players. *Michigan State University Institute for the Study of Youth Sport Internship Presentation.*
- Veronica Wilson (2013). The role of specialization in the athletic success of collegiate soccer and football players. *Michigan State University, University Undergraduate Research and Arts Forum*
- Savannah Fannon (2012 – 2015). Projects include Sport experiences of Division I collegiate athletes and their perceptions of the importance of specialization and A longitudinal investigation of emotional and motivational development across a sport season

SERVICE ACTIVITIES

- American Psychological Association Division 47**
Executive Committee - Junior Program Chair August 2020 – August 2021
- American Psychological Association Division 47**
Conference Abstract Reviewer January 2020 – present
- Association of Applied Sport Psychology**
Chair - Distinguished Masters' Thesis Award Committee Spring 2019 – present
- Boise State University**
Graduate Student Showcase Judge Spring 2018 – present
- Association of Applied Sport Psychology**
Distinguished Applied Practitioner Award Committee Spring 2018 – present
- Idaho Youth Sport Commission**
Coaches Advisory Board Fall 2017 – present
Description: Advisory member for programming and evaluation of programming for youth sport programming designed to target a more inclusive and effective youth sport environment.
- Journal of Sport and Exercise Psychology Digest**
Journal contributor Fall 2017 – present
Description: Identified as an early career professional with scholarly promise and invited to provide content for the JSEP Digest that appears at the end of every issue.
- Boise State University**
Ski and Snowboard Club Advisor Fall 2017 – present
- Boise State University, Boise, ID**
Women's Varsity Golf Team Mental Skills Consultant 2016 – present
- Boise State University**
Co-Director, Center for Physical Activity and Sport (CPAS) Fall 2016 – present
Description: Co-director of Center that focuses on providing opportunities to gather scientific data, share best practices with the community, and improve the sport and physical activity experiences of all participants in youth sport through research, outreach, and services.
- Association of Applied Sport Psychology**
AASP Foundation Committee Member Fall 2015 – Spring 2018
- Association of Applied Sport Psychology**
Chair – Early Career Mentoring Program Fall 2015 – Fall 2018
Description: Chair of new initiative to establish a mentoring program designed to enhance retention and deliver benefit to members of AASP who are early in their career.

Clinton County Regional Educational Service Agency

Fall 2014 – Spring 2016

Advisory Board Committee Member

Description: CCRESA serves Clinton County by providing opportunities to high school students to gain college credit by dual enrolling in high school/college hybrid courses. Provided feedback on future directions of the Sports Medicine courses as well as a perspective on skills students need for success at the collegiate level.

Association of Applied Sport Psychology

October 2014 – October 2015

Student Representative – Executive Board

Description: Oversaw 22 student delegates and eight student-coordinated initiatives. Created a motion that was approved by the Executive Board for a Masters' Practitioner Award that will be awarded annually beginning in 2016. Reviewed regional conference grant applications and approved 11 of the proposals. Reformatted the new regional conference grant application. Attended Executive Board meetings to give student perspective and provide a student voice in these meetings. Served as a member of the Strategic Planning Committee to create new plan for the organization.

Michigan State University, East Lansing, MI

August 2014 – August 2015

Kinesiology Graduate Studies Committee – Student Representative

Description: Elected by peers to represent student membership on graduate studies committee. Main task was to organize and execute doctoral visitation for MSU department of Kinesiology program.

Michigan State University, East Lansing, MI

January 2014 – October 2014

AASP Graduate Program Committee - Student Representative

Description: Selected as one of two student representatives for AASP Graduate Program Committee. The committee was charged by the AASP Executive Board to critique and improve the current graduate directory to create a better product for students in the field.

Michigan State University, East Lansing, MI

March 2014, 2015

University Undergraduate Research and Arts Forum Reviewer

Description: Served as reviewer for undergraduate students who presented research in which they were involved during the year. UURAF is an event where undergraduates receive the opportunity to present in a conference setting without the cost and pressure of national or regional conference.

Michigan State University, East Lansing, MI

August 2013 – August 2016

ISYS Human Subject Record Coordinator

Description: Ensured all open ISYS projects were up to date and current on all IRB procedures and policies.

Michigan State University, East Lansing, MI

August 2012 – May 2014

Kinesiology Faculty Advisory Board Student Member

Description: Elected by peers to represent student membership on faculty advisory board. Provided graduate student perspective on departmental and college issues. Was responsible for re-creating graduate student instructor evaluation sheets that the department has adopted as the mandatory form for all teaching evaluations.

Association of Applied Sport Psychology 2011 – 2014

Student Regional Representative, Midwest Region

Description: Served as student representative for AASP. Duties included conveying student interests to Executive Board student representatives and serving as ambassador for regional conferences.

Michigan State University, East Lansing, MI 2013

Coordinator - Book and school supply drive

Description: In coordination with employees at The Centennial Group, we coordinated and led a book and school supply drive in aims of donating to various primary schools in Botswana as part of the Fellowship to Enhance Global Understanding trip. A partnership with individuals at the University of Botswana was created where university students would visit these schools and institute a program to teach reading to the children.

Association of Applied Sport Psychology 2011 – 2014

Performance Excellence Movement, Editorial Board

Description: Coordinated student submissions and edited/distributed for editing submissions to other members of the student initiative. Ensured timeline for publication was followed and formatted newsletter for distribution and publication at the AASP conference.

Michigan State University, East Lansing, MI August 2011 – 2013

Section Coordinator – Grandparents University

Description: Organized and led sections of 30+ emphasizing the development of psychological skills in daily life at Grandparents University, a service outreach project for MSU.

Michigan State University, East Lansing, MI 2012 – 2013

Kinesiology Graduate Student Organization – Treasurer

Description: Served as member of the executive board for the Kinesiology Graduates Student Organization. Board tasks included setting organization mission, preparing meetings and events, and involving members of the organization in all aspects. Individual tasks involved developing a financial plan, bookkeeping, and coordinating fundraising efforts.

Michigan State University 2012

Reviewer, Midwest Sport and Exercise Psychology Symposium

Description: Reviewed submitted abstracts for student led conference held at Michigan State University.

Miami University 2010 – 2011

Co-conference chair, Midwest Sport and Exercise Psychology Symposium

Description: Helped plan and organize student run conference hosted by Miami University. Duties included increasing publicity, managing abstract submission and conference program, and organizing student and faculty social.

Miami University, Oxford, OH

2010 – 2011

Graduate Student Committee

Description: Elected by peers to represent the Kinesiology and Health department at Miami University in the Graduate Student Committee and assist the Faculty Graduate Committee with tasks related to the department. Tasks included planning and organizing graduate research forums and making accommodations for visiting prospective students.

CERTIFICATIONS

Certified Mental Performance Coach #617

2016 – present

Listed in the USOC Sport Psychology and Mental Training Registry, 2017-2020

2018 – present

Double Goal Coach

2018 – present

PROFESSIONAL MEMBERSHIPS

North American Society for the Psychology of Physical Activity

2016 – present

American Psychological Association (APA) Division 47

2015 – present

Association for Applied Sport Psychology (AASP)

2007 – present

Society of Health and Physical Educators (Shape)

2013 – 2016

AWARD/HONORS RECEIVED

School of Allied Health Sciences Spotlight Award – Research

2020

APA Division 47 Early Career Professional Travel Award

2018

Thesis Advisor: Winner of Boise State University Distinguished Master's Thesis Award

2018

Center for Teaching and Learning (CTL) Travel Award

2018

Outstanding Reviewer – Psychology of Sport and Exercise

2017

Nominee – ASBSU Golden Apple Teaching Award

2017

AASP Distinguished Doctoral Student Practice Award

2016

MSU Excellence in Teaching Citation

2016

MSU Graduate School Writing Fellow

2015 – 2016

MSU College of Education Research Development Fellowship

2014

MSU College of Education Erickson Memorial Scholarship Recipient

2014

MSU College of Education Summer Research Fellowship

2014

Fellow - Preparing Future Faculty for the Assessment of Student Learning

2013 – 2016

MSU Fellowship for Global Understanding

2013

MSU Education Department Research Practicum Award

2012

MSU University Distinguished Fellowship

2011 – 2016