



**BOISE STATE UNIVERSITY**

# **K-12 Physical Education Application Information and Criteria**

**Steps to Success**

**Department of Kinesiology**

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## K-12 Physical Education Program Purpose

The philosophy of the K-12 Physical Education teacher preparation program at Boise State University is to prepare educators who are highly effective and understand that teaching is a reflective endeavor. The successful K-12 Physical Education teacher candidate will be committed to the process of developing the skills, knowledge, and professional dispositions of highly effective teachers. The goal of this teacher preparation program is to develop quality educators who can become excellent teachers, not coaches who teach. Therefore, candidates who enter the K-12 teacher preparation program at Boise State University must have the desire to become a professional educator who is a teacher first and foremost.

### BEST TEACHING PRACTICES

The K-12 Physical Education teacher preparation program at Boise State University stresses the following Best Teaching Practices (Standards of Excellence) for highly effective teachers:

<b>LEARNING ENVIRONMENT</b>	<b>INSTRUCTIONAL STRATEGIES</b>	<b>ASSESSMENT</b>
<ul style="list-style-type: none"> <li>• Establishes a positive learning environment</li> <li>• Demonstrates effective management practices</li> <li>• Promotes learning for all students regardless of disability or skill-level</li> <li>• Encourages and models a positive view of physical activity</li> </ul>	<ul style="list-style-type: none"> <li>• Establishes clear and high expectations for learning</li> <li>• Designs quality lesson plans that include developmentally appropriate learning activities</li> <li>• Maximizes participation for all learners</li> <li>• Implements multiple teaching styles</li> <li>• Provides optimally challenging tasks</li> </ul>	<ul style="list-style-type: none"> <li>• Employs a variety of formal and informal assessments to assess student learning</li> <li>• Uses assessment to gauge teacher effectiveness</li> <li>• Offers regular skill- and cognitive-related feedback to all learners</li> </ul>

### K-12 PE ADVISORS:

Lower Division (100 – 200 courses)

- Tina Freeman
- Peer Advisor

Upper Division (300-400 courses)

- Last name beginning with:
- A - H: Dr. Bell
  - I - P: Dr. Shimon
  - Q - Z: Dr. T. Johnson

## K-12 Entry-Level Admission Process

The K-12 Physical Education program admits a select number of students into a cohort each year. The process involves a series of steps which result in final approval into Secondary Teacher Education through the College of Education and continuation in the K-12 program. Determine when you should apply to the K-12 PE program based on when you will **complete the last three semesters** of your required coursework, excluding student teaching. Two examples are provided below. Refer to your advising sheet.

	Fall Semester	Spring Semester	OR	Fall Semester	Spring Semester
<b>Freshman Year</b>					
<b>Sophomore Year</b>	<i>KINES 251</i>	Take courses <b>*APPLY TO K-12 PROGRAM*</b>		<i>KINES 251</i>	Take courses
<b>Junior Year</b>	Take courses & KINES 451/452 (Secondary)	Take courses & KINES 351/352 (Elementary)		Take courses <b>*APPLY TO K-12 PROGRAM*</b>	Take courses & KINES 351/352 (Elementary)
<b>Senior Year</b>	Student Teach – Graduate			Take courses & KINES 451/452 (Secondary)	Student Teach - Graduate

**\*Note\*:** Student may apply to the K-12 PE Program during Fall or Spring Semesters. All coursework **MUST** be completed before student teaching.

**Step 1:** • **Successfully complete the following course with a B- or better grade:**

KINES 251 (Introduction to Teaching PE)

• **Successfully complete the following courses with a B or better grade:**

ED-CIFS 201 (Foundations of Education)

EDTECH 202 (Teaching & Learning in the Digital Age)

• **Demonstrate an overall GPA of 3.0 and a 3.0 in KINES courses.**

As per the College of Education requirement, **any grade of a C- in a required course for the degree excluding Foundations courses) will need to be retaken.**

• **Successfully pass 3 out of 4 fitness tests (fitness testing is conducted each semester)**

**Step 2:** Complete the Form for Admission to the K-12 PE Program (Kinesiology Webpage) and the Adjudication Statement. Applications are due on the first Friday during Spring Semester and the third Friday in September.

**Step 3:** Entry-level Interview. TBA.

**Step 4:** The Admissions Committee selection will occur after all interviews have been conducted (notification will be sent prior to next semester's scheduling). The Admissions Committee, consisting of K-12 PE faculty, will review teacher candidate applications and conduct Entry-level interviews. Those candidates who are not accepted may apply the following semester. Students who do not make the final selection will be able to submit an appeal for reconsideration into the program.

Cohort teacher candidates **MUST** adhere to the remaining semester sequence of courses to ensure courses will be taken in sequence and will not involve scheduling conflicts or prerequisite issues.

### ADMISSION TO THE PROFESSIONAL YEAR (KINES 351/352 or 451/452 and Student Teaching)

**Requirements:**

1. Pass KINES 351/KINES 352 or 451/KINES 452
2. Pass Disposition Assessment
3. Maintain a minimum overall GPA of 3.0 and 3.0 in KINES courses.
4. Apply for the Professional Year during the first three weeks of the semester. The application is found on the College of Education, Teacher Education Website: Application to Secondary Professional Year.
5. Apply for the Professional Year during KINES 351 or KINES 451 (whichever is taken first).

## PROFESSIONAL DISPOSITION AND SKILL PERFORMANCE ASSESSMENTS

Those students who score an average **at or above 80** in each Disposition area **AND** Skill Performance section will be invited to an interview. The following criteria will be assessed by all applicable Kinesiology Faculty, and an average score for each area will be calculated.

### DISPOSITION ASSESSMENT

<b>Attendance</b>	Excessive pattern of tardiness or absence.  0 .....	Exhibits pattern of tardiness or absence.  .....80.....	Rarely misses a class or rarely arrives late.  .....100	Consistently attends class and arrives on time.  .....100	N/A
<b>In-Class Performance</b>	Does not participate in class discussion. Attention directed at other off-class tasks, such as checking e-mail or texting.  0 .....	Lacks initiative, is inattentive and/or rarely participates in class.  .....80.....	Pays attention to what is happening in class by taking notes, or volunteering to respond to questions.  .....100	Shows initiative in class discussions and group work. Comes to class prepared.  .....100	N/A
<b>The Learning Environment</b>	Ignores constructive feedback from peers or instructor in a callous manner. Unwilling to listen to perspectives of others when they differ from his/her own.  0 .....	Resists constructive feedback from peers or instructor. Struggles to respectfully listen when others speak or express their viewpoints.  .....80.....	Accepts constructive feedback in a courteous and professional manner. Listens when others are talking.  .....100	Seeks feedback from peers or instructor. Listens attentively to others' comments and accepts ideas, even if they differ from his/her own.  .....100	N/A
<b>Honesty</b> (Idaho Teachers Professional Standards and BSU Code of Conduct)	Submitted coursework demonstrates lack of integrity, untruthful fabrication of material and/or plagiarism.  0 .....	.....80.....		Sound integrity, and submitted coursework is truthful and authentic.  .....100	N/A
<b>Emotional Responsibility</b>	May have outburst of anger or other types of inappropriate behavior.  0 .....	Loses temper or unable to maintain composure (verbal or nonverbal).  .....80.....	Displays appropriate control of emotions in most situations.  .....100	Maintains composure, regardless of the situation; expresses frustration in an appropriate manner.  .....100	N/A
<b>Written Work</b>	Assignments may not be completed or submitted late. Submitted with lack of quality or thought.  0 .....	Assignments may be turned late or with little emphasis to quality. Does minimal amounts of work.  .....80.....	Meets assignment deadlines with acceptable levels of work.  .....100	Quality of work suggests revisions and attention to detail. Work is always turned in on time.  .....100	N/A

### SKILL PERFORMANCE ASSESSMENT

<b>Performance of Movement Skills</b>	Demonstrates lack of basic fundamental skills (locomotor, stability, and/or manipulative).  0 .....	Demonstrates lack of acceptable skill ability in most Instructional Activity classes taken.  .....80.....	Demonstrates acceptable ability in most skills required in Instructional Activity classes taken.  .....100	Demonstrates proficiency in most skills required in Instructional Activity classes taken.  .....100	N/A
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## **K-12 Denial of Admission Appeal Policy**

In the event that a teacher candidate is denied admission into the K-12 program, as a result of the Admissions Committee decision, the candidate may address (in writing) the conditions outlined in the denial letter in order to request reconsideration by the admissions committee. This appeal must be received in the K-12 Program Coordinator's office no more than 10 working days after the date of the denial letter of origination. Upon receipt of the appeal request, the Admissions Committee will review this request and vote again on the admission status of the candidate. The candidate will be informed, in writing, of the status of his or her appeal within five working days of receipt of the appeal. If the appeal is denied, the teacher candidate may apply again the following year.

## **Maintenance Protocol**

At the conclusion of the Elementary (KINES 351/352) and Secondary (KINES 451/452) block, a maintenance check will occur. Continuation in the K-12 PE cohort requires that teacher candidates score an average **at or above 80** in each Disposition section of the Professional Disposition Assessment form, in addition to maintaining an overall  $\leq 3.0$  GPA and  $\leq 3.00$  GPA in KINES courses. Keep in mind that any grade earned in a KINES course at a C- or below is not acceptable and will need to be repeated.

## **K-12 Denial of Continuation Appeal Policy**

In the event that a teacher candidate in the cohort fails to meet the minimum requirements (GPA and Disposition), that student will be denied continuation in the K-12 program as a result of the Admissions Committee vote. The candidate may address (in writing) the reasons, outlined in the denial letter, and request reconsideration by the admissions committee. This appeal must be received in the K-12 Program Coordinator's office no more than 10 working days after the date of the denial letter of origination. Upon receipt of the appeal request, the Admissions Committee will review this request and vote again on the status of the candidate. The candidate will be informed, in writing, of the status of his or her appeal within five working days of receipt of the appeal.

## ENTRY-LEVEL K-12 PHYSICAL EDUCATION APPLICATION FORM

**Directions.** Please complete this form and submit it, along with all required materials, by September 10th.

**Contact Information**

Last Name	First	MI	Student ID
Current Street Address	City	State	Zip
e-mail	Phone	Date	

**GPA**

<input style="width: 100%; height: 25px;" type="text"/> <b>Overall GPA</b> (≥3.00)	<input style="width: 100%; height: 25px;" type="text"/> <b>KINES GPA</b> (≥3.0)	<input style="width: 100%; height: 25px;" type="text"/> <b>ED GPA</b> (≥3.00)
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**Fitness Scores** (pass 3 of 4 tests)

<input style="width: 100%; height: 25px;" type="text"/> <b>PACER V02 or Mile Time</b> <small>Pass or Fail</small>	<input style="width: 100%; height: 25px;" type="text"/> <b>Curl-Up Score</b> <small>Pass or Fail</small>	<input style="width: 100%; height: 25px;" type="text"/> <b>Push-Up Score</b> <small>Pass or Fail</small>	<table border="1" style="display: inline-table; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center;">R:</td> <td style="width: 50%; text-align: center;">L:</td> </tr> </table> <b>Sit-and-Reach Scores</b> <small>Pass or Fail</small>	R:	L:
R:	L:				

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Include the following with your application:

**a.** Insert the FINAL grade received for the following KINES courses taken thus far:

<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>
102	103	105	106	107	110	111	113	114
<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	<input style="width: 40px; height: 25px;" type="text"/>	
115	116	117	180	201	251	305	365	

- b.** Adjudication Statement (check statement on second page)
- c.** Three references (name and title) with contact information (e-mail and phone)
- d.** 1-2 paragraphs outlining why you want to pursue a K-12 Physical Education Degree
- e.** Copy of Unofficial Transcripts
- f.** Copy of Current First Aid/CPR card through the American Red Cross or American Heart Association
- g.** Fitness Score Card

**Submit application packet to:** Dr. Ken Bell  
 Boise State University  
 Kinesiology Department  
 1910 University Dr.  
 Boise, ID 83725-1710

## Boise State University - College of Education Office of Teacher Education

(Our office does not look at placement requests, preferences, or additional comments written on this form. It is used for adjudication purposes ONLY.)

### PERMISSION TO ENROLL IN FIELD EXPERIENCES BEGINNING \_\_\_\_\_

This semester, I am taking:

- ED-LLC 200, ED-LLC 340, ED-ESP 221, or ED-ESP 223** (Circle Course No.)
- STEM-ED Fieldwork; Course Number:** \_\_\_\_\_ (Fill in Course No.)

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
MI

\_\_\_\_\_  
Student ID Number

\_\_\_\_\_  
Date

\_\_\_\_\_  
Boise State University Email Address

\_\_\_\_\_  
Phone Number

### I UNDERSTAND THAT BEFORE I MAY BE PLACED IN A PUBLIC SCHOOL SETTING SPONSORED BY BOISE STATE UNIVERSITY, I MUST COMPLETE THE STATEMENT BELOW AND SIGN THIS DOCUMENT.

If you answer "Yes" to either of the two questions below, you must be cleared by the Professional Standards & Appeals Committee (PSAC). Go to <https://boisestate.edu/education-teachered/>, and click on "Teacher Candidate Information," click on "Forms" link for information regarding this process. You will not be allowed to begin your school placement until you have been cleared by the Professional Standards and Appeals Committee. **If you are unsure if your offense needs to be disclosed, please contact the Office of Teacher Education for clarification.** Not disclosing something on your record is grounds for dismissal from the program.

1. Have you ever been convicted of any crime or violation of any law in any state, federal, or military court? (NOTE: For the purposes of this question, "conviction" means (a) all instances in which a plea of guilty or nolo contendere is the basis of conviction, (b) all proceedings in which a sentence has been suspended, deferred, or withheld, and (c) all proceedings in which the prosecution was deferred. This does not include minor traffic violations.) This includes, but not limited to, infractions, citations, misdemeanors and felony offenses. Withheld judgments, dismissed cases, misdemeanor tickets (including MIC/MIP, etc.) are all included. **Again, if you are unsure if your offense needs to be disclosed, please contact the Office of Teacher Education for clarification.**
2. Have you ever been found responsible for violating the Boise State University Student Code of Conduct?
3. Have you ever been dismissed from a job when working in a position involved with children?

Note: If a violation occurs after you have submitted this form, you must contact the Office of Teacher Education as soon as possible to discuss your situation, options for the upcoming semester, and your status in the program. Not disclosing new/recent events is grounds for dismissal from the program.

Yes\*

No

**If you checked YES, please go to the Teacher Education website and click on the "Forms" link in the left-hand column. You must be cleared by the Professional Standards & Appeals Committee prior to placement in a school setting. Materials must be submitted ASAP to be reviewed by the committee.**

\*If you have been cleared by PSAC, indicate Semester/Year: \_\_\_\_\_

**NOTE: If you have previously been cleared by the Professional Standards & Appeals Committee, you must still mark "yes" on this form for having a violation, however, as long as you have no new offenses, you will not need to be cleared by the committee again.**

I understand that falsifying information on this application form may cause my applications for Curriculum and Instruction and student teaching to be denied.

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please complete this form and return to the Office of Teacher Education, E722**  
(Include this form with your K-12 PE Application Form to Dr. Ken Bell)

Access form at: <https://www.boisestate.edu/education-teachered/> [Click on Teacher Candidate Information, Click on Forms]

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