

## CURRICULUM VITAE

**Philip Ford PhD, LAT, ATC, PES, CES**

Boise State University  
College of Health Sciences  
Department of Kinesiology  
1910 University Dr.  
Boise, ID 83725

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### **ACADEMIC DEGREES**

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#### **Ph.D. in Human Performance, emphasis in Administration and Teaching**

The University of Southern Mississippi: 2005

Dissertation Topic: The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training.

#### **M.S. in Exercise and Sport Studies**

Boise State University: 1999

Thesis Topic: Duration of Hamstring Flexibility Gains Following Termination of Three Separate Stretching Protocols.

#### **B.S. in Corporate Fitness and Wellness**

Grand Canyon University: 1993

Emphasis: Athletic Training

Minor: General Science

### **CERTIFICATIONS AND CREDENTIALS**

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#### **Licensed Athletic Trainer (LAT)**

Idaho State Board of Medicine (#AT-527): 2014-Present

#### **Certified Athletic Trainer (ATC)**

Board of Certification, Inc. (#089602470): 1996-Present

**National Provider Identifier (NPI): #1871794446**

#### **Performance Enhancement Specialist (PES)**

National Academy of Sports Medicine (#203444): 2007

#### **Corrective Exercise Specialist (CES)**

National Academy of Sports Medicine (#1398616): 2011

#### **State Certified Athletic Trainer (SCAT)**

South Carolina Department of Health and Environmental Control (#1408): 2012-2014

**Approved Clinical Instructor (ACI)**

Azusa Pacific University, Athletic Training Program: 2001-2012

**Clinical Instructor Educator (CIE)**

National Athletic Trainers' Association: 2001, 2011

**First Aid and CPR Instructor**

American Red Cross (expired)

**CURRENT POSITION AT BOISE STATE UNIVERSITY**

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**Clinical Professor: 2020-Present**

Department of Kinesiology, College of Health Sciences

- Teach and advise athletic training and kinesiology students
- Courses Taught:
  - KINES 220 – Introduction to Athletic Injuries
  - KINES 270 – Applied Anatomy
  - KINES 322 – Athletic Training Clinical Instruction IV
  - KINES 421 – Athletic Training Clinical Instruction V (gen med)
  - KINES 422 – Athletic Training Clinical Instruction VI
  - KINES 424 – Therapeutic Exercise
  - KINES 497 – Special Topics: Corrective Exercise Strategies
  - MAT 503 - Principles of Athletic Training
  - MAT 514 - Diagnosis and Therapeutic Interventions: Lower Extremity
  - MAT 543 – Diagnosis and Therapeutic Interventions: Head, Face, Spine
  - MAT 552 – Current Evidence and Topics in Athletic Training
  - MAT 591 - Project

**Associate Department Chair: 2020-Present**

Department of Kinesiology, College of Health Sciences

- Oversee student recruitment and retention strategies
- Assist in the Department of Kinesiology's Strategic Plan
- Coordinate department and program assessment plans (PAR) and support accreditation efforts
- Assist Curriculum Committee Chair in curriculum review, development, and change process
- Oversee facilities design and function to best meet the needs of the department
- Support interprofessional and multidisciplinary programming within the school, college, and university.
- Assist the Department Chair:
  - Assist the DC in management of department fiscal resource, staffing, and budgetary considerations
  - Assist the DC and program personnel in course scheduling administration
  - Represent department interests on College and University committees
  - Provide support to adjunct faculty with syllabus, supplies, and instructional guidance
  - Participate in department, school or university events as necessary
  - As necessary, serve on behalf of the DC
  - Assist with annual faculty evaluations for clinical/lecture faculty
  - Assist Internship Coordinator with program personnel and clinical experience administration as needed

## **Graduate Faculty**

Master of Athletic Training, Department of Kinesiology, School of Allied Health Sciences

## **Preceptor/Licensed Athletic Trainer**

- Serve the Athletic Training Program (ATP) through clinical instruction, supervision, and mentoring of Athletic Training Students (ATs).

## **ADMINISTRATIVE EXPERIENCES**

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### **Interprofessional Education (IPE) Coordinator: 2017-2020**

College of Health Sciences

- Direct IPE initiatives for the College of Health Sciences for nearly 5,000 students from the School of Nursing, School of Social Work, and the School of Allied Health Sciences.
- Execute interprofessional programming ranging from the work in designing, organizing, delivering, and evaluating the interprofessional education program.
- Provide oversight, development, and coordination of IPE teaching grants and interprofessional health care courses and programming.
- Mentor and role model IPE with and for faculty, staff, and students in providing advice, guidance, and resources for advancing IPE.
- Coordinate with faculty and department/school leadership on the development of IPE-designated courses, including curriculum changes and outcomes assessment.
- Establish, maintain, and sustain community and university partnerships in the planning and provision of the IPE program.
- Coordinate and facilitate the College of Health Sciences IPE Committee.
- Report to the Associate/Assistant Dean, College of Health Sciences.
- Manage a budget of \$51,000 and pursue opportunities for sustained funding.

#### Accomplishments:

- Development of the IPE Vision 2022 and IPE 2.0 Proposal (current proposal).
- Development of the IPE Clinical Seminar series.
- Development of the IPE Teaching Grants and assessment tools for the implementation of IPE based learning activities across the college.
- Formation and direction of the IPE Committee with representation from across the college.
- Participation and support in the Regional AHEC program.
- Development and Maintenance of COHS IPE Website:  
<https://www.boisestate.edu/healthsciences-interprofessional/>
- Faculty Development (Team of 3), T3 Train the Trainer, Interprofessional Team Development Program, University of Washington.

### **Clinical Education Coordinator: 2014-2018**

Athletic Training Program (ATP), Boise State University

- Direct all aspects of the clinical education program for the athletic training degree.

#### Accomplishments:

- Developed a new clinical education system for the athletic training program.
- Primary curriculum developer of the new Master of Athletic Training degree.

- Significant contributor to the self-study and successful reaccreditation of the athletic training program by Commission of Accreditation of Athletic Training Education (CAATE).

**Program Director: 2012-2014**

Athletic Training Program (ATP), Charleston Southern University.

- Directed all aspects of the program including budget, curriculum, accreditation, enrollment management and student advising.
- Budget of \$14,000.00.

Accomplishments:

- In partnership with the Dean of Nursing and the Dean of Sciences-Mathematics, created a new College of Nursing and Allied Health Sciences which included moving the entire Department of Kinesiology to the new college.
- Conducted a major revision of the ATP curriculum.

**Founding Program Director: 2008-2012**

Applied Exercise Science, Azusa Pacific University.

- Directed all aspects of the program including budget, curriculum, academic partnership, enrollment management, and student advising.
- Budget of \$21,000.00.

Accomplishments:

- Successful implementation of a new Applied Exercise Science degree in the Department of Exercise and Sport Science.
- Program grew to well over 200 students by 2012.
- Students were eligible and successful in passing national certification exams (CPT, PES, CES) by the National Academy of Sports Medicine.

**Director of Program Development: 2007-2012**

School of Behavioral and Applied Sciences, Department of Exercise and Sport Science, Azusa Pacific University.

- Leadership role within the school and department to explore new degrees and other academic opportunities.
- Reported to the Dean, School of Behavioral and Applied Sciences.

Accomplishments:

- Developed new Bachelors of Applied Exercise Science.
- Created an academic partnership with the National Academy of Sports Medicine.
- Created a new exercise science laboratory.

**Clinical Director (Co-Program Director): 2005-2008**

Athletic Training Program, Azusa Pacific University.

**Clinical Education Coordinator: 1999-2005**

Athletic Training Program, Azusa Pacific University.

**Graduate Assistant Curriculum Director: 1997-1999**

Athletic Training Program, Boise State University.

## **TEACHING EXPERIENCES (Full-time)**

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### **Clinical Associate Professor: 2017-2020**

Athletic Training Program (ATP), Department of Kinesiology, College of Health Sciences, Boise State University.

### **Clinical Assistant Professor: 2014-2017**

Athletic Training Program (ATP), Department of Kinesiology, College of Health Sciences, Boise State University.

### **Associate Professor (Tenure-Track): 2012-2014**

Athletic Training Program (Division), College of Nursing and Allied Health, Charleston Southern University.

- Teach and advise students in the Department of Kinesiology, including Athletic Training and Kinesiology students.
- Courses Taught:
  - AHAT 410 – Clinical Practice in Athletic Training V
  - AHAT 413 - Therapeutic Modalities and Lab
  - AHAT 414 – Therapeutic Exercise and Lab
  - AHAT 420 – Clinical Practice in Athletic Training VI
  - KINE 211 - Health and Fitness Assessment
  - KINE 408 – Kinesiology

### **Associate Professor (Term-Tenured): 2008-2012**

Department of Exercise and Sport Science, School of Behavioral and Applied Sciences, Azusa Pacific University.

- Taught and advised students in the Department of Exercise and Sport Science, including Applied Exercise Science, Athletic Training, and Physical Education.
- Courses Taught:
  - AES 492 – Practicum in Strength, Conditioning, and Human Performance
  - AES 478 – Senior Preparation in Applied Exercise Science
  - AES 372 – Corrective Exercise Strategies
  - AES 363 – Physiology of Exercise with Lab
  - AES 290 – Human Movement Science
  - AT 498 – Directed Research
  - AT 469 – Health Care Administration
  - AT 452 – Current Concepts in Treatment and Rehabilitation
  - AT 440 – Practicum in Therapeutic Exercise & Medical Conditions
  - AT 355 – Medical Conditions and Disabilities
  - AT 352 – Therapeutic Exercise
  - AT 340 – Practicum in Athletic Injury Assessment
  - AT 242 – Practicum in Wrapping, Taping, and Bracing
  - AT 220 – Risk Management for the Physically Active
  - AT 160 – Acute Care of Injury and Illness
  - AT 101 – Introduction to Athletic Training
  - PE 366 – Care & Prevention of Athletic Injury
  - PE 251 – Teaching Methods for Contemporary Activities
  - BIOL 115 – Anatomy and Physiology and Lab

**Assistant Professor: 2004-2008**

Athletic Training Program, Department of Exercise and Sport Science, Azusa Pacific University.

**Instructor: 1999-2004**

Athletic Training Program, Department of Physical Education, Azusa Pacific University.

**Instructor: 1996-1997**

Exercise Science, Grand Canyon University.

Courses Taught:

EXS 365 - Care and Prevention of Athletic Injury

HLT 253 - Anatomy and Physiology

REC 315 - Outdoor Recreation

REC 200 - Introduction to Recreation

Labs: Kinesiology, Anatomy, Physiology of Exercise, Prescribed Exercise

**TEACHING EXPERIENCES (Part-time/Adjunct)**

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**Adjunct Professor: Fall 2015-Present**

Department of Health Science, College of Western Idaho.

Courses Taught:

HLTH 220 - Care and Prevention of Athletic Injury

ALLH 101 - Medical Terminology

ALLH 220 - Fundamentals of Nutrition

**Adjunct Professor: Spring 2008-Fall 2009**

Athletic Training Program, Department of Kinesiology and Health Science, California State University - Fullerton.

Courses Taught:

KNES 377 - Therapeutic Exercise

**Adjunct Instructor: Summer 2009-2012**

Graduate Kinesiology, Fresno Pacific University.

Course Taught:

KIN 750 - Athletic Training Pedagogy Studies (online)

**Adjunct Instructor: 2000-2007**

Graduate Physical Education, Azusa Pacific University.

Courses Taught:

PE 589A/B - Research for Physical Educators

PE 560 - Sports Medicine

**Graduate Assistant/Instructor: 1997-1999**

Athletic Training Program, Department of Kinesiology, Boise State University.

Courses Taught:

PE 412 - Clinical Instruction II

PE 411 - Clinical Instruction I

PE 120 - (Athletic) Training Room Procedures

**Adjunct Instructor: 1993-1996**

Exercise Science, Grand Canyon University.

**Courses Taught:**

PE activities: golf, basketball, volleyball

PE teaching/coaching: softball/volleyball, weightlifting

Lab Courses: Kinesiology, Anatomy, Physiology of Exercise, Prescribed Exercise

**PROFESSIONAL EXPERIENCES**

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**Athletic Trainer (Volunteer)**

Boise State University: August 2014-Present

Onward Shay Marathon, Boise ID: 2016

National Pole Vault Summit, Reno, NV: January 2010

Mt. San Antonio College, Special Events: Spring 2008-2012

South Hills High School: Fall 2006-2009

**Athletic Trainer**

Azusa Pacific University, Azusa, CA: 1999-2006

Duties: Provide injury prevention, injury assessment, rehabilitation and reconditioning, and physician referral for student-athletes with Volleyball (1999, 2000), Tennis (2000), Cross-country (2001) and Baseball (2000, 2002, 2003, 2004, 2005). In addition, provide supervision and clinical instruction as an Approved Clinical Instructor for the athletic training students in a CAAHEP accredited Athletic Training Program. Athletic training expertise in the following: throwing programs, PNF, muscle energy, strain-counterstrain, joint mobilization, and functional movement screens.

**Host Athletic Trainer**

Utah Jazz of the National Basketball Association, Boise, ID: September 1998

Duties: Assist and coordinate athletic training services for preseason camp.

**Graduate Assistant Athletic Trainer**

Boise State University, Boise, ID: 1997-1999

Duties: Provide injury prevention, injury assessment, rehabilitation and reconditioning, and physician referral for student-athletes with Football (1998, 1999) and Gymnastics (1999). In addition, provide supervision and clinical instruction for the athletic training students in a CAAHEP-accredited Athletic Training Program.

**Head Athletic Trainer**

Central High School, Phoenix, AZ: December 1995-June 1997

Duties: Provide injury prevention, injury assessment, rehabilitation and reconditioning, and physician referral for all student-athletes. In addition, coordinate pre-participation physicals and athletic training supplies.

**Physical Therapy Technician**

Advanced Physical Therapy, Phoenix, AZ: November 1994-May 1995

Worked under a licensed physical therapist. Duties: supervised and established patient exercise programs, modality treatments, and front desk operations.

### **Physical Therapy Technician**

HealthSouth, Phoenix, AZ: September 1993-December 1993

Worked under a licensed physical therapist and a certified athletic trainer. Duties: supervised and established patient exercise programs, modality treatments, isokinetic exercises, and occupational re-education programs.

### **Physical Therapy Intern**

Lincoln Institute for Athletic Medicine, Phoenix, AZ: March 1993-April 1993

Worked under a licensed physical therapist and a certified athletic trainer. Duties: supervised and established patient exercise programs, modality treatments, and isokinetic exercises.

## **ACADEMIC/CURRICULUM PROJECTS**

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Sand, J. & **Ford, P.** (2018-present). Curriculum Revision of HLTH 400 – Interprofessional Capstone course. *Boise State University.*

Hammons, D. & **Ford, P.** (2015-2018). Curriculum Development and Proposal of Master of Athletic Training and B.S. of Kinesiology – Pre-Athletic Training emphasis. *Boise State University.*

**Ford, P.** (2014-2016). Athletic Training Program Student Handbook. *Boise State University.*

**Ford, P.** (2016). KINES 497 Special Topics: Corrective Exercise Strategies (BroncoFit – Employee Injury Prevention Program). *Boise State University.*

**Ford, P.** (2015-2016). Kinesiology Student Satisfaction Survey. *Boise State University.*

**Ford, P.** (2015-2016). National Academy of Sports Medicine: Advocate Partnership. *Boise State University.*

**Ford, P.** (2014-2015). Implementation of New Clinical Education Program: Athletic Training Program. *Boise State University.*

**Ford, P.** (2012-2014). Curriculum Development and Proposal of Master of Athletic Training. *Charleston Southern University.*

**Ford, P.** & Hulse, T (2012 to 2013). Proposal of new College of Nursing and Allied Health (CONAH). *Charleston Southern University.*

**Ford, P.** & Hebel, S. (2011). AES Student Handbook. *Azusa Pacific University.*

**Ford, P.** (2010). AES 363 – Physiology of Exercise Laboratory Experiences Coursepack. *Azusa Pacific University Bookstore.*

**Ford, P.,** Schmidt, C., & Hebel, S. (2008). New Major Development and Implementation: Bachelors of Science in Applied Exercise Science. *Azusa Pacific University.*

Schmidt, C., **Ford, P.,** & McKnight, C. (2007-2008, 7<sup>th</sup> Ed.). Athletic Training Program Handbook. *Azusa Pacific University.*

**Ford, P.** Clinical Instructor Newsletter (editorials). *Azusa Pacific University*.

**Ford, P.** (2005). Implementation of Systematic Supervision of Athletic Training Clinical Education (clinical instructor evaluation system). *Azusa Pacific University*.

**Ford, P. & Schmidt, C.** (2004). Online Clinical Education Evaluations. *Azusa Pacific University, eCollege: eCompanion*.

**Ford, P.** (2002). Athletic Training Program Brochure (CD format). *Azusa Pacific University*.

**Ford, P.** (2002). AT 220 – Risk Management for the Physically Active Coursepack. *Azusa Pacific University Bookstore*.

**Ford, P.** (2001). AT 101 – Introduction to Athletic Training Coursepack. *Azusa Pacific University Bookstore*.

**Ford, P.** (2000). PE 560 – Sports Medicine Coursepack. *Azusa Pacific University Bookstore*.

#### **TEACHING-RESEARCH GRANTS**

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Davis, S., **Ford, P.**, Lampignano, J. (2018-2019). IPE Teaching Grant: “C-Spine Injured Athlete”. Boise State University Awarded: \$800.00.

Davis, S. and **Ford, P.** (2017-2018). IPE Teaching Grant: “Asthmatic Athlete”. Boise State University Awarded: \$500.00.

**Ford, P.** (2016). BroncoFit Initiative: Employee Injury Prevention Program – KINES 497. Boise State University Awarded: \$1,600.00

**Ford, P.** and Wong, M. (2008-2009). The Effects of the Antioxidant-Anti Inflammatory-Electrolyte Supplement (Lutisport®) on Power, Endurance, and Maximal Oxygen Uptake in Elite Cyclists. Azusa Pacific University Awarded: \$1,979.00  
Private Funding: \$3,200.00

**Ford, P.** (2006). Creative Teaching Grant: Computer Development of the Model of Systematic Supervision of Athletic Training Clinical Education. Azusa Pacific University Awarded: \$450.00

#### **PROFESSIONAL PRESENTATIONS AND ABSTRACTS**

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**Ford, P.** (2019). What Is and Isn't IPE and IPCP, podium presentation. *IATA Summer Symposium, Twin Falls, Idaho*.

Zamzow, C., M.E. Darnell, **P. Ford**, and S.A. Conger. Effects of beet juice on anaerobic exercise performance. American College of Sports Medicine Annual Meeting. Minneapolis, MN. May 29-June 2, 2018. (Med. Sci. Sports Exerc. 48(5-suppl): S2394, 2018)

**Ford, P.** (2015). Athletic Training, podium presentation. *Kinesiology Career Symposium, Boise, ID*.

- Ford, P. & Schmidt, C. (2015).** Direct Patient Contacts Should Replace Clinical Clock Hours in Determining the Completion of Clinical Education Requirements in Athletic Training. Peer-reviewed abstract, poster presentation. *NWATA Annual Meeting and Clinical Symposium, Spokane, WA.*
- Ford, P. (2014).** Should We Eliminate Clinical Hours? A New Framework for Determining the Completion of Clinical Education Requirements: peer-reviewed abstract, poster presentation. *SEATA Educators' Conference, Atlanta, GA.*
- Butcher, M. & Ford, P. (Sept. 2013).** Faculty Collegiality through Learning Communities. *Faculty Retreat, Charleston Southern University.*
- Ford, P. (Feb. 2013).** Human Movement Assessment, podium presentation. *SCATA Collegiate and University Symposium, Columbia, SC.*
- Ford, P. (June 2011).** Common Human Movement Impairments: The Role of the Kinetic Chain in Rehabilitation, invited speaker. *National Athletic Trainers' Association Symposium, Student Session, New Orleans, LA.*
- Wong, M. & Ford, P. (Oct. 2010).** The Effects Of Antioxidant, Anti-Inflammatory Supplement Race Day Fuel® on Power, Endurance, Maximum Oxygen Uptake, Lactate Threshold and Cytokine Level In Elite Male Cyclists, peer-reviewed abstract, podium presentation. *California Chapter of the APTA Annual Conference, Oakland, CA.*
- Ford, P. (Mar. 2010).** Human Movement Dysfunction. *Workshop Wednesdays - Sullivan Chiropractic, Covina, CA.*
- Ford, P. (Feb. 2009).** The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training Clinical Education - Dynamic Paired Behavior., peer-reviewed abstract, poster presentation. *Athletic Trainers' Education Conference, Washington, DC.*
- Livingston, J., Schmidt, C., & Ford, P. (Feb. 2009).** Multiple Generations of Athletic Trainers: Implications for Clinical Education: general session (plenary) presentation. *Athletic Trainers' Education Conference, Washington, DC.*
- Ford, P. (2006).** The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training, speaker. *FWATA Clinical Symposium, San Diego, CA.*
- Ford, P. & McChesney, J. (2006).** Duration of Maintained Hamstring ROM Following Termination of Three Stretching Protocols: peer-reviewed abstract, poster presentation. *FWATA Clinical Symposium, San Diego, CA.*
- Ford, P. & Schmidt, C. (Jan. 2005).** The Frequency of Effective Clinical Instructor Behavior In The Clinical Field Experience Setting: Implications For Developing A Model For Systematic Supervision: peer-reviewed abstract, poster presentation. *Athletic Training Educators' Conference, Montgomery, TX.*

- Ford, P.,** Schmidt, C., & McKnight, C. (Sept. 2004). Learning Styles and Clinical Teaching Methodologies: speaker. *Approved Clinical Instructor Workshop, Azusa Pacific University, Azusa, CA.*
- Ford, P.** & Schmidt, C. (July 2004). Systematic Supervision of Approved Clinical Instructors: Clinical Instructor Effectiveness Instrument (CIEI): peer-reviewed abstract, poster presentation. *FWATA, Honolulu, HI.*
- Ford, P.** (April 2003). A comprehensive model of clinical education at Azusa Pacific University: presentation. *Approved Clinical Instructor Workshop, Azusa Pacific University, Azusa, CA.*
- Ford, P.,** Schmidt, C., & McKnight, C. (Jan. 2003). A Comprehensive Model of Clinical Education at Azusa Pacific University: peer-reviewed abstract, break-out session presentation. *National Athletic Trainers' Association, Athletic Trainer Educators' Conference, Montgomery, TX.*
- Ford, P.,** Schmidt, C., & McKnight, C. (April 2002). Introduction to Clinical Education Experiences: presentation. *Approved Clinical Instructor Workshop, Azusa Pacific University, Azusa, CA.*
- Ford, P.** & Tao, J. (Sept. 2000). Prevention and the Management of Heat Illness. *UPN Channel 13 News, Azusa, CA.*
- Ford, P.** (Aug. 1993). Eyes, Ears, and Face Injuries in Athletic Competition: presentation. *Sports Medicine Seminar for Coaches, Phoenix, AZ.*

## **MANUSCRIPT PUBLICATIONS**

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- Ford, P.** & Velasquez, B. (2010). Dynamic Paired-Behaviors in Effective Clinical Instruction. *Athletic Training Education Journal, 5(1), 32-37.*
- Ford, P.** & McChesney, J. (2007). Duration of Hamstring Flexibility Gains Following Termination of Three Separate Stretching Protocols. *Journal of Sport of Rehabilitation, 16(1), 18-27.*

## **MANUSCRIPT SUBMISSIONS**

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- Ford, P.** & Schmidt, C. (2018). The Frequency and Duration of Direct Patient Contacts during Athletic Training Clinical Education Experiences. *International Journal of Athletic Therapy and Training (denied).*

## **RESEARCH PROJECTS**

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- Ford, P.** and Wong, M. (2008-2009). The Effects of the Antioxidant-Anti-Inflammatory-Electrolyte Supplement (Lutisport®) on Power, Endurance, and Maximal Oxygen Uptake in Elite Cyclists. *Azusa Pacific University.*
- Ford, P.** (2005). The Frequency of Effective Clinical Instructor Behavior in the Clinical Field Experience Setting: Implications for Developing a Model of Systematic Supervision for Athletic Training. *Dissertation Research: University of Southern Mississippi.*
- Ford, P.** (2003). The Effectiveness of Peer Assessment in Predicting Psychomotor Skill Acquisition Competence. *Directed Research Project, University of Southern Mississippi.*

Ford, P. & Yeung, N. (2002). The Effects of Various Stretching Techniques on Vertical Jump Performance. *Directed Research Project, University of Southern Mississippi.*

### **SUPERVISED STUDENT RESEARCH (Selected)**

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Fowler, M. (2020). A Review of the Incidence of Concussions with the use of Guardian Caps™. MAT 591 – Project. *Boise State University.*

Hernandez, L. (2020). A Review of the Differences in ROM between Static and PNF Stretching. MAT 591 – Project. *Boise State University.*

McCullough, M. (2019). Change in Muscle Stiffness following a Cupping Therapy Treatment in Recreationally Active Adults (thesis). Committee Member, Department of Kinesiology. *Boise State University.*

Zamzow, C. (2017). Effects of Beet Juice Supplement on Anaerobic Exercise Performance (thesis). Committee Member, Department of Kinesiology. *Boise State University.*

Pfenning, K. (Spring 2012). Human Movement Assessment and Corrective Exercise Intervention (case study). Chair, Capstone Honor's Project. *Charleston Southern University.*

Cole, K., Magnuson, K., & Rubino, A. (2008-2009). The Effects Of Antioxidant, Anti-Inflammatory Supplement Lutimax/Lutisport® On Power, Endurance, Maximum Oxygen Uptake, Lactate Threshold and Cytokine Level In Elite Male Cyclists. Co-Chair, Doctorate in Physical Therapy Program. *Azusa Pacific University.*

Undergraduate Student Research Project – AT 490. (Fall 2007). The Effects of the Antioxidant-Anti-Inflammatory Supplement (Lutimax®) on Speed, Heart Rate, and Oxygen Uptake in Experienced Cyclists. Chair, *Azusa Pacific University.*

Boynton, Brian. (2007). The Difference Between Male and Female Water Polo Athletes at the Community College Level and Their Use of Sun Protection – PE 589. Chair, *Azusa Pacific University.*

Davidson, Sidney. (2007). The Effects and Factors of Burnout in Coaching High School Sports – PE 589. Chair, *Azusa Pacific University.*

De Peralta, Cliff. (2007). The Effects of Static and Dynamic Stretches on ROM in the Shoulder Muscles of Beginning Surf College Students – PE 589. Chair, *Azusa Pacific University.*

Dusseau, Lamont. (2007). The Relationship Between Extracurricular Sports Participation and Academic Achievement in Sixth Grade Middle School Students – PE 589. Chair, *Azusa Pacific University.*

Espinosa, Joanne. (2007). The Use of Computer Technology in Middle School Physical Education Classes to Increase Motivation, Fitness, and Activity Levels – PE 589. Chair, *Azusa Pacific University.*

Gaffney, Bonnie. (2007). The Effects of a New Physical Education Program on the Relationship of Body Mass Index and Body Fat Percentage to Classify Obesity and Overweight in Fifth Grade Students – PE 589. Chair, *Azusa Pacific University*.

Goins, Jeremy. (2007). Learning Styles of High School Football Players – PE 580. Chair, *Azusa Pacific University*.

Julianel, Ben. (2007). The Effects of Positive Self Talk on Anxiety and Performance – PE 589. Chair, *Azusa Pacific University*.

Partin, Bob. (2007). An Analysis of Single Sport Student-Athletes in Grades 9-12 at Murrieta Valley High School – PE 589. Chair, *Azusa Pacific University*.

Runner, Amy. (2007). Sixth Grade Attitudes Towards Physical Education – PE 589. Chair, *Azusa Pacific University*.

Watson, Menyada. (2007). The Effects of Elastic Resistance And Free-Weight Training on Vertical and Broad Jump Performance in Collegiate Football Players – PE 589. Chair, *Azusa Pacific University*.

Student Research Project – AT 490. (Fall 2003). The Effects of Interval Cryotherapy on Pitching Velocity and Grip Strength. Chair, *Azusa Pacific University*.

## **REVIEWER, EDITORIALS, EXPERT REFERENCES, AND MEDIA ARTICLES**

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Manuscript Reviewer, *Athletic Training Education Journal*: 2010-Present.

Manuscript Reviewer, *Journal of Sports Rehabilitation*: 2007-Present.

Textbook Reviewer, *Sports Nutrition for Health Professionals*, FA Davis: 2015.

“Bryan Clay” (expert reference), *APU Life*: Fall 2008.

“Periodization”, *APU Media Relations* – Expert Web Editorial: Summer 2008.

“Training the Core” (expert reference), *Oxygen Magazine*: 2008.

“Abdominal Training” (expert reference), *Men’s Magazine*: 2008.

## **PROFESSIONAL MEMBERSHIPS**

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National Athletic Trainers’ Association (NATA): 1993-Present

National Academy of Sports Medicine (NASM): 2006-Present

Northwest Athletic Trainers’ Association: 2014-Present

Idaho Athletic Trainers’ Association: 2014-Present

Mid-Atlantic Athletic Trainers' Association: 2012-2014

South Carolina Athletic Trainers' Association: 2012-2014

Far West Athletic Trainers' Association: 1999-2012

California Athletic Trainers' Association: 1999-2012

National Strength and Conditioning Association (NSCA): 2008-2011

## **PROFESSIONAL/COMMUNITY SERVICE**

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Treasure Valley Initiative to Prevent Child Sexual Abuse (D2L) Steering Committee: 2019-present

Commission on Accreditation of Athletic Training Education (CAATE) – Accreditation Site Visit Chair and Member: 2014-present.

National Athletic Trainers' Association, Executive Committee on Education: Education Advancement Committee, D10 representative: 2015-2018.

National Athletic Trainers' Association, Executive Committee on Education, Consultant Group, Professional Education: 2012-2013.

National Athletic Trainers' Association Clinical Symposium, Team Leader – Educational Program, Host Committee: 2007.

California Athletic Trainers' Association, Public Relations Committee member: 2006-2009.

Advisory Board Member, Educational Outcome Study. Primary Author: W. David Carr  
The University of Kansas: 2005-2009.

Advisory Board Member, East San Gabriel Regional Occupational Program and Technical Center.  
Walnut, CA: 2004-2007.

Clinical Education Consultant, Athletic Training Program, University of Minnesota – Duluth:  
February, 2004.

## **UNIVERSITY ROLES AND COMMITTEE ASSIGNMENTS**

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Faculty Senate, Clinical Faculty Representative, Boise State University: 2019-Present

Kinesiology Curriculum Committee (co-chair and member), Boise State University: 2019-present

Kinesiology (Bronco Gym) Facilities Workgroup (member), Boise State University: 2019-present

Interprofessional Education Committee (chair, member), College of Health Sciences, Boise State University: 2014-Present

Academic Affairs Committee, School of Allied Health Sciences, Boise State University: 2018-2019

Faculty Search Committee (member), Boise State University: Spring 2017

Self-Study Workgroup, CAATE – Accreditation for Athletic Training Program. Boise State University: 2015-2018.

Clinical Affiliation Compliance Committee, College of Health Sciences, Boise State University: 2014-2018

Faculty Search Committee (member), Boise State University: Spring 2015

Re-Affirmation (Accreditation) Committee – Southern Association of Colleges and Schools (SACS), Charleston Southern University: Spring 2014

Health Promotion Program Accreditation Committee, Charleston Southern University: 2013-2014

Undergraduate Curriculum Committee (CONAH), Charleston Southern University: 2013-2014

Chair of Constitution Committee, Faculty Senate, Charleston Southern University: 2013-2014

Faculty Senate, Charleston Southern University: 2012-2014

Faculty Senate Ad Hoc Faculty Handbook Committee, Charleston Southern University: Spring 2013

Student Disciplinary Committee, Charleston Southern University: 2012-2014

Faculty Search Committee (member), Azusa Pacific University: Spring 2011

Steering Committee, Faculty Senate, Azusa Pacific University: 2007-2009

Faculty Search Committee (chair), Azusa Pacific University: Fall 2007

Faculty Search Committee (member), Azusa Pacific University: Spring 2007

Faculty Senate, Azusa Pacific University: Fall 2006-2012

Academic Integrity Review Committee, Azusa Pacific University: 2005-2012

Self-study Committee (co-chair), CAATE - Accreditation for Athletic Training Program. Azusa Pacific University, Azusa, CA: 2005-2007

Vice Faculty Moderator, Faculty Senate, Azusa Pacific University: 2003-2004

Senate Representative, Christmas Gathering, Azusa Pacific University: Fall 2002

Faculty Senate, Azusa Pacific University: Fall 2000, Spring 2002-Summer 2004

Self-study Committee (member), JRC-AT/CAAHEP Accreditation for Athletic Training Program. Pacific University, Azusa, CA: 2001-2002

Athletic Training Program Advisory Committee, Azusa Pacific University: 1999-2008

Faculty Search Committee (member), Azusa Pacific University: Spring 2000

Athletic Training Advisory Committee (member), Boise State University: 1997-1999

## **PROFESSIONAL DEVELOPMENT**

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Leadership Pathways Program (2019-2020 cohort). University-wide leadership program, Boise State University.

NATA Evolving Concussion Prevention and Care Across the Life Span: 2019

NATA Managing Back Pain Using Manual Therapy Techniques: 2019

NATA Moving beyond the checkboxes: Utilizing Functional PPEs: 2019

NATA A Systematic Approach for Return to Sport Testing and Management Following Lower Extremity Injury: 2019

NATA Diagnostic Testing Series: Knee: 2019

NATA Diagnostic Testing Series: An Evidence-Based Approach to Lateral Ankle Sprain Clinical Evaluation and Diagnosis: 2019

IATA Summer Symposium, Twin Falls, ID: 2019

CAATE Conference, Tampa, FL: 2018

T3 Train the Trainer, Interprofessional Team Development Program, University of Washington, Seattle, WA: 2018

NATA Clinical Symposium, New Orleans, LA: 2018

NATA Athletic Training Educators' Conference, Dallas, TX: 2017

IATA Summer Symposium, Boise, ID: 2016

NATA Clinical Symposium, Baltimore, MD: 2016

Sports Safety International online course: 2015

Incorporating EBP into Athletic Training, home study course: 2015

NWATA Conference, Boise, ID: 2015

NWATA Conference, Spokane, WA: 2015

NATA Athletic Training Educators' Conference, Dallas, TX: 2015

IATA Summer Symposium, Boise, ID: 2014

SEATA Athletic Training Educators' Conference, Atlanta, GA: 2014

CAATE Workshop, Atlanta, GA: 2014

MAATA Conference, Greenville, SC: 2013

NATA Athletic Training Educators' Conference, Dallas, TX: 2013

NATA Clinical Symposium, New Orleans, LA: 2011

NATA Athletic Training Educators' Conference, Washington, DC: 2011

NSCA Plyometrics, Speed, and Agility Symposium, Colorado Springs, CO: 2010

NATA Athletic Training Educators' Conference, Washington, DC: 2009

NATA Weekend Workshop "Manual Therapy Techniques for the Cervicothoracic Spine and Upper Ribs", Las Vegas, NV: 2008

NSCA National Conference, Las Vegas, NV: 2008

NATA Clinical Symposium, Anaheim, CA: 2007

NATA Athletic Training Educators' Conference, Dallas, TX: 2007

APU ATEP Lecture Series, "Strain-Counterstrain", Azusa, CA: 2006-2007

FWATA Conference, San Diego, CA: 2006

California State University Athletic Training Educators' Colloquium, Fresno, CA: 2006

CATA Region 5 Meeting, Chino Hills, CA: 2005

NATA Athletic Training Educators' Conference, Montgomery, TX: 2005

The Institute of Physical Art, Back Education and Training, Azusa, CA: 2004

FWATA Conference, Honolulu, HI: 2004

NATA Athletic Training Educators' Conference, Montgomery, TX: 2003

NATA Clinical Symposium, Dallas, TX: 2002

NATA Clinical Instructor Educators' Workshop, Los Angeles, CA: 2001

NATA Clinical Symposium, Los Angeles, CA: 2001

NATA Athletic Training Educators' Conference, Dallas, TX: 2001

NATA Clinical Symposium, Nashville, TN: 2000

NATA Clinical Symposium, Kansas City, MO: 1999

FWATA Conference, Spokane, WA: 1998

Arizona Athletic Trainers' Association Workshop, Phoenix, AZ: 1993

### **AWARDS AND SCHOLARSHIPS**

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Outstanding Perspectives Manuscript Runner-Up Award: "Dynamic Paired-Behaviors in Effective Clinical Instruction." Athletic Training Education Journal: 2010

Teaching Excellence and Campus Leadership Award (nominee), Azusa Pacific University: 2009-2010

National Chancellor's List, The University of Southern Mississippi, 2005

Who's Who Among Americas' Teachers in America: 2004, 2005

Outstanding Graduate Student, Department of HPER, Boise State University: 1999

Department Fellow, Exercise Science Department, Grand Canyon University: 1993

National Dean's List, Grand Canyon University: 1990, 1991, 1992, 1993

Athletic Training Scholarship, Grand Canyon University: 1990, 1991, 1992, 1993

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References available by request