

JANE M. SHIMON, Ed.D., A.T., C. (AT Retired)

Department of Kinesiology

Boise State University

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EDUCATION

- 1996 Ed.D., Physical Education–Pedagogy, University of Northern Colorado, Greeley, CO
Dissertation: *Analysis of physical activity determinants in young adolescents*
- 1985 M.A., Physical Education, New Mexico Highlands University, Las Vegas, NM
Thesis: *Effects of using a proprioceptive neuromuscular facilitation technique on partner versus individual hamstring stretch*
- 1984 B.S., Double Major: Physical Education and Health Education
Double Minor: Athletic Training and Coaching, St. Cloud State University, St. Cloud, MN

ACADEMIC POSITIONS

- 2019 – present Department Chair, Department of Kinesiology, Boise State University, Boise, ID
- 2012 - present Full Professor, Department of Kinesiology, Boise State University, Boise ID
- 2004 – 2011 Associate Professor, Department of Kinesiology, Boise State University
- 2001-2004 Assistant Professor, Department of Kinesiology, Boise State University
- 1999-2001 Assistant Professor, Division of Physical Education and Health, Black Hills State University, Spearfish, SD
- 1996-1999 Assistant Professor, Department of Physical and Health Education, Radford University, Radford, VA

PROFESSIONAL POSITIONS

- 1991-1994 Assistant and Head Athletic Trainer/Instructor, Department of Exercise and Sport Science, University of Wisconsin-La Crosse, La Crosse, WI
- 1990-1991 Assistant Athletic Trainer/Instructor, Athletic Department, University of Idaho, Moscow, ID
- 1989-1990 Head Athletic Trainer, Cibola High School, Yuma, AZ
- 1987-1989 Assistant Athletic Trainer/Instructor, Athletic Department, University of Wyoming, Laramie, WY
- 1986-1987 Head Athletic Trainer & Substitute Teacher in Physical and Health Education, Newport Harbor High School, Newport Beach, CA
- 1985-1986 Physical/Health Education Teacher & Head Athletic Trainer, Kingman High School, Kingman, AZ
- 1984 Head Softball Coach, Becker High School, Becker, MN
- 1983 Assistant Softball Coach, St. Cloud State University, St. Cloud, MN
- 1983 Head Freshman Volleyball Coach, Sartell High School, Sartell, MN
- 1980-1989 American Softball Association Umpire, St. Paul, MN; Las Vegas, NM; Laramie, WY

GRADUATE ASSISTANTSHIPS

- | | |
|-----------|---|
| 1994-1996 | Graduate Teaching Assistant, School of Kinesiology and Physical Education, University of Northern Colorado, Greeley, CO |
| 1984-1985 | Graduate Teaching Assistant and Assistant Athletic Trainer, Department of Human Performance, Leisure, and Sport, New Mexico Highlands University, Las Vegas, NM |

CERTIFICATIONS

- | | |
|---------------|--|
| 1980-Current | First Aid - CPR, American Red Cross |
| 1985-Ret 2013 | Certified Athletic Trainer, BOC |
| 1994 | C.S.C.S. (Certified Strength and Conditioning Specialist)
W.S.I (Water Safety Instructor) (Initial certificate in 1979)
Community CPR Instructor, American Red Cross |
| 1993 | PACE Instructor (Program for Athletic Coaches' Education) |
| 1983 | Emergency Medical Technician |

AWARDS & NOMINATIONS

- | | |
|------|---|
| 2018 | Golden Apple Award nomination. Boise State University. |
| 2012 | Distinguished Service Award. Idaho Association of Health, Physical Education, Recreation, and Dance |
| 2011 | Faculty Service Award, College of Education, Boise State University |
| 2007 | College/University Educator of the Year. Northwest District Association for Health, Physical Education, Recreation, and Dance |
| 2006 | Outstanding College Educator of the Year. Idaho Association for Health, Physical Education, Recreation, and Dance |
| 2001 | G. A. Broten Young Scholars Award. Western College Physical Education Society |
| 1998 | <i>Outstanding Teacher Award</i> for the College of Education and Human Development, Radford University, Radford, VA |

SCHOLARLY ACTIVITY

PEER REVIEWED ARTICLES

- VanMullem, P., **Shimon, J.**, & VanMullem, H. (2017). Building a pedagogical base: Pursing expertise in teaching sport. *Strategies, 30(5)*, 25-32.
- Allbaugh, C., Bolter, N., & **Shimon, J.** (2016). Sibling influence on physical activity and sports participation, *Strategies, 29(4)*, 24-28.
- Leung, K., Ransdell, L., Gao, Y., **Shimon, J.**, & Lucas, S. (2016). A regression model to examine predictors of physical activity on college campuses. *California Journal of Health Promotion, 14(1)*, 44-56.
- Paul, D., Scruggs, P., GocKarp, G., Robinson, C., Ransdell, L., Lester, M.,...**Shimon, J.** (2014). Developing a statewide childhood body mass index surveillance program. *Journal of School Health, 84(10)*, 661-667.

- Shimon, J.M.**, Johnson, T., Moorcorft, S., & Bell, K. (2013). Fitness and Enjoyment Outcomes of a 9th Grade Physical Education Fitness Conditioning Curriculum. *Journal of Kinesiology and Wellness*, 2.
- Bell, K., Johnson, T., **Shimon, J.**, & Bale, J. (2013). The effects of Game Size on the Physical Activity Levels and Ball Touches of Elementary School Children in Physical Education. *Journal of Kinesiology and Wellness*, 2.
- Simonson, S.R., **Shimon, J.M.** Long, E.M., & Lester, B. (2011). Effects of a walking program using the AlterG treadmill system on an extremely obese female: A case study. *Clinical Kinesiology*, 65(2), 29-38.
- Shimon, J.M.**, Darden, G.F., Martinez, R., & Clouse-Snell, J. (2010). Initial reliability and validity of the lift-and-raise hamstring test. *Journal of Strength and Conditioning Research*, 24(2), 517-521.
- Shimon, J.M.**, Gibson, T., and Spear, C. (2009). Stop the Tears of Drug and Alcohol Abuse. *American Journal of Health Education*, 40(6), 373-377.
- Shimon, J.M.**, & Petlichkoff, L.M. (2009). Impact of pedometer use and self-regulation strategies on junior high school physical education students' daily step counts. *Journal of Physical Activity and Health*, 6, 1-8.
- Shimon, J.M.** (2007). Activity Choice and Title IX. *Journal of Physical Education, Recreation, and Dance*, 78(9), 3-4, 12.
- Hoeger, W.K., Bond, L., Ransdell, L.B., **Shimon, J.M.**, & Merugu, S. (2007). One-mile step count at walking and running speeds. *ACSM's Health & Fitness Journal*, 12(1), 14-19.
- Shimon, J.M.** (2006). In the shadow of obesity: The female triad. *Journal of Physical Education, Recreation, and Dance*, 77 (6), 4-5, 54.
- Shimon, J.M.** (2005). Red alert: Gender equity issues in secondary physical education. *Journal of Physical Education, Recreation, and Dance*, 76 (7), 6-10.
- Shimon, J.M.** (2004). Content literacy in physical education - The use of word association charts. *Strategies*, 17(6), 7-9.
- Woods, M.L., **Shimon, J.M.**, Goc Karp, G., & Jensen, K. (2004). Using webquests to create online learning opportunities in physical education. *Journal of Physical Education, Recreation, and Dance*, 75(8), 41-56.
- Shimon, J.M.**, & Darden, G.F. (2004). Domain 4: Growth and development national standards for sport coaches. *Strategies*, 17(5), 16.
- Darden, G.F., & **Shimon, J.M.** (2004). Seven habits of developmental coaches. *Strategies*, 17(5), 25-28.
- Shimon, J.M.** (2004). Where it's been is not where it's at. *Western Society Review. Western College Physical Education Society*, B-7-8.
- Shimon, J.M.**, & Brawdy, P. (2003). Out-of-field teaching in physical education—Should we be concerned? *Journal of Physical Education, Recreation, and Dance*, 74(3), 12-14.
- Shimon, J.M.** (2002). Youth sport injury prevention is key. *Strategies*, 15(5), 27-30.
- Stopka, C., **Shimon, J.M.**, Horodyski, M., Deere, R., & Bolger, C. (2002). Certified athletic trainers in our secondary schools. *Strategies*, 16(2), 30-32.

Shimon, J.M., & Brawdy, P. (2001). A good teacher can teach anything? Monograph Series. *Western College Physical Education Society*. [Paper also accepted and printed as an ERIC Document; ERIC No: ED462382]

Darden, G.F., & **Shimon, J.M.** (2000). Revisit an old technology: Videotape feedback for motor skill learning and performance. *Strategies*, 13(4), 17-21.

Shimon, J.M., & Darden, G.F. (1999). Managing scores and grades in physical education. *Journal of Physical Education, Recreation, and Dance*, 70(8), 14-16.

NON-PEER REVIEWED ARTICLES

Shimon, J. (in press). Show and Tell. *Physical Education America*. *Invited*.

Shimon, J.M. (2003). Fun activities for secondary school health programs. *Proceedings of the combined conventions*. Northwest/Southwest Districts & the State of Nevada Associations for Health, Physical Education, Recreation, and Dance, Sparks, NV.

Shimon, J.M., & Young, S. (2003). Should we hold our graduates to health, fitness, and/or performance standards? *Western College Physical Education Society Review*.

Shimon, J.M. (2001). Is your child hydrated? *Turf Talk*. *Optimist Youth Football Newsletter*, Boise, ID.

Shimon, J.M. (1998). Hidden messages in physical education—Take a closer look. *The Virginia Journal*, 20(1), 27. The official journal of the Virginia Association for Health, Physical Education, Recreation, and Dance.

Darden, G.F., & **Shimon, J.M.** (1997). The role of instructor feedback on learning the “feel” for a skill. *The Virginia Journal*.

BOOKS AUTHORED

Shimon, J.M. (2020). *Introduction to teaching physical education – Principles and strategies*, 2nd Ed. Champaign, IL: Human Kinetics.

Shimon, J.M. (2011). *Introduction to teaching physical education – Principles and strategies*. Champaign, IL: Human Kinetics.

BOOK CHAPTERS

Ransdell, L.B., & **Shimon, J.M.** (2010). Softball. In N.J. Dougherty (Ed.) *Physical activity and sport for the secondary school student*, 6th Ed. Reston, VA: National Association of Sport and Physical Education.

Shimon, J.M., & Ransdell, L.B. (2010). Instructional CD for softball activities, assessments, and model lesson plans. In N.J. Dougherty (Ed.) *Physical activity and sport for the secondary school student*. Reston, VA: National Association of Sport and Physical Education.

Ransdell, L.B., & **Shimon, J.M.** (2009). Softball. In N.J. Dougherty (Ed.) *Principles of safety in physical education and sport*, 4th Ed. Reston, VA: National Association of Sport and Physical Education.

MANUALS/HANDBOOKS/INSTRUMENTS

Shimon, J., Gurchiek, L., & Butcher-Mokha, M. (2004). Sport injury resource for youth sports. National Association for Sport and Physical Education.

Shimon, J. (2000). Course manual for PE 360—*Elementary Movement Programs*. Black Hills State University.

Shimon, J. (1995). Student Teacher Assessment Report (STAR) for Physical Education. Assessment used for student teacher supervision at the University of Northern Colorado.

PRESENTATIONS: National

VanMullum, P., **Shimon, J.**, & VanMullum, H. (2016). Building a pedagogical base: Pursing mastery in teaching sport. SHAPE America Convention, Minneapolis, MN.

Shimon, J.M., & Gibson, T. (2015). *Effects of Fit and Fall Proof Program on PASE Scores with Older Adults*. SHAPE America Convention, Seattle, WA.

Shimon, J.M., & Gao, Y. (2014). Rasch analysis of the physical activity enjoyment scale among adolescents. American Association for Health, Physical Education, Recreation, and Dance. St. Louis, MO.

Bercier, K., Simonson, S., Gao, Y., & **Shimon, J.** (2014). *Effect of weight loss training protocol using two treadmills for obese individuals*. American College of Sports Medicine. Orlando, FL.

Daren, G.F., Wilson, S., and **Shimon, J.M.** (2012). *Sports specialization education? Strategies for the youth sport administrator*. American Association for Health, Physical Education, Recreation, and Dance. Boston, MA. (There was a severe power outage during the conference, which prohibited us from presenting our session)

Shimon, J.M., Smart, M., Foley, S., & Christie, S. (2012). *Fitness guise*. Idaho Association for Health, Physical Education, Recreation, and Dance. South Junior HS, Boise, ID.

Nemec, A., Lucas, S., McChesney, J., & **Shimon, J.** (2012). *The culture of risk, pain, and injury among certified athletic trainers*. Western Society for Physical Education of College Women, Pacific Grove, CA.

Moorcroft, S., **Shimon, J.M.**, Bell, K., & Johnson, T. (2012). *Fitness and enjoyment outcomes of a 9th-grade physical education curriculum*. Western Society for Kinesiology and Wellness. Reno, NV.

Past Young Scholar Panel (2012). Western Society for Kinesiology and Wellness, Reno, NV. My area in the panel included content regarding teaching in higher education.

Shimon, J.M. Simonson, S.R., Long, E.M., & Lester, B. (2011). *AlterG anti-gravity treadmill walking program on an extremely obese female*. American Association for Health, Physical Education, Recreation, and Dance. San Diego, CA.

Gibson, T.A., **Shimon, J.M.**, & Bond, L. (2011). *A community-based intervention for improving function in older adults*. American Association for Health, Physical Education, Recreation, and Dance. San Diego, CA.

Bell, K., Johnson, T.G., **Shimon, J.M.**, & Bale, J. (2011). *Game-size and physical activity levels of elementary school children*. American Association for Health, Physical Education, Recreation, and Dance. San Diego, CA.

Goc Karp, G., Scurggs, P.W., Paul, D.R., Brown, H.F., Browder, K.D., **Shimon, J.M.**, Robinson, C., . . . Fitzpatrick, J.M. (2011). *Idaho physical education: Quality and quantity program and policy surveillance*. American Association for Health, Physical Education, Recreation, and Dance. San Diego, CA.

Shimon, J.M. (2009). *Dynamic warm-up*. American Association for Health, Physical Education, Recreation, and Dance. Tampa, FL.

- Shimon, J.M.**, Gibson, T.A., & Spear, C. (2009). *Stop the tears: A teaching strategy*. American Association for Health, Physical Education, Recreation, and Dance. Tampa, FL.
- Shimon, J.M.**, & Petlichkoff, L.M. (2006). *Physical activity and self-regulation effects on perceived competence using pedometers with junior high school students*. American Association for Health, Physical Education, Recreation, and Dance. Salt Lake City, UT.
- Conkell, C., Goc Karp, G., Woods, M., & **Shimon, J.M.**, (2005). *Social responsibility + diversity = our global future*. American Association for Health, Physical Education, Recreation, and Dance. Chicago, IL.
- NAGWS Panelist (2005). *NAGWS interactive session: Chat with the experts*. American Association for Health, Physical Education, Recreation, and Dance. Chicago, IL.
- Shimon, J.M.**, & Petlichkoff, L. (2005). *Validation of baseline step count measures and impact of self regulation using pedometers with junior high school students*. American Association for Health, Physical Education, Recreation, and Dance. Chicago, IL.
- Shimon, J.M.**, & Gibson, T. (2005). *Hands on health*. American Association for Health, Physical Education, Recreation, and Dance. Chicago, IL.
- Shimon, J.M.**, Martinez, R., Darden, G., & Clouse, J. (2003). *Lift-and-raise hamstring flexibility test - Reliability and validity*. American Alliance for Health, Physical Education, Recreation, and Dance. New Orleans, LA.
- Shimon, J.M.**, & Goc Karp, G. (2003). Caught up in a webquest: Technology integration in physical education. American Association for Health, Physical Education, Recreation, and Dance. New Orleans, LA.
- Shimon, J.** (1998) *Recognizing and preventing injuries prevalent in youth sports*. American Association for Health, Physical Education, Recreation, and Dance. Reno, NV.
- Shimon, J.** (1998). *Analysis of physical activity determinants in young adolescents*. American Association for Health, Physical Education, Recreation, and Dance. Reno, NV.

PRESENTATIONS: Regional

- Shimon, J.M.**, Johnson, M., and Elguezabal, A. (2018). *Fitness Artists*. SHAPE America Regional Conference, Boise, ID.
- Shimon, J.M.**, & VanMullum, H. (2016). *What is implicit bias?* Western Society for Kinesiology and Wellness, Reno, NV.
- Shimon, J.M.**, Caston, C., VanMulle, H., Buschner, C., & McClain, Z. (2015). *Direction of K-12 Physical Education*, Western Society of Kinesiology and Wellness, Reno, NV.
- Beller, J., Caston, C., Shiffent, B. **Shimon, J.**, & VanMullum, H. (2014). *Lessons from the trenches: Tips and Strategies for Succeeding in Academia*. Western Society of Kinesiology and Wellness, Reno, NV.
- Bercier, K., Slmonson, S., Gao, Y., & **Shimon J.** (2014). Effect of weight loss training protocol using two treadmills for obese individuals. The 61st American College of Sports Medicine Annual Meeting. Orlando, FL.
- Nemec, A., Lucas, S., **Shimon, J.**, & McChesney. (2012). *The culture of risk, pain, and injury among certified athletic trainers*. Western Society for Physical Education of College Women Conference. Pacific Grove, CA.

Moorcroft, S., and **Shimon, J.M.** (2012). *Fitness and enjoyment outcomes of 9th Grade physical education fitness training curriculum*. Western Society of Kinesiology and Wellness Conference, Reno, NV.

Panel Session: Slack, J., **Shimon, J.**, Casten, C., VanMulle, H., Thomas, R., Silvers, M., . . . Slather B. (2012). *Young scholar celebration: Perceptions and experiences of being a professional in academia*. Western Society of Kinesiology and Wellness Conference, Reno, NV.

Shimon, J.M., (2006). *Developing cinquains in physical education - A content literacy strategy*. Western Society for Kinesiology and Wellness. Reno, NV.

Apache, R.R., & **Shimon, J.M.** (2005). *Bridging the educational gap: Kinesiology and pedagogy*. Western Society for Kinesiology and Wellness. Reno, NV.

Shimon, J.M. (2003). *Fun activities for secondary school health programs*. Northwest/Southwest District Association for Health, Physical Education, Recreation, and Dance. Reno, NV.

Shimon, J., & Young, S. (2002). *Should we hold our graduates to health, fitness and performance standards?* Facilitator of discussion session. Western College Physical Education Society. Reno, NV.

Shimon, J.M., & Woods, M.L. (2001). *Use of inquiry charts in physical education to aid in instruction and assessment*. Northwest District Association for Health, Physical Education, Recreation, and Dance. Boise, ID.

Lounsberry, M., & **Shimon, J.M.** (2001). *Student success: What is it? Why should we care about it?* Facilitator of discussion session. Western College Physical Education Society. Reno, NV.

Tentinger, L., Hessen, J., & **Shimon, J.** (2001). *The ab solution*. Central District Association for Health, Physical Education, Recreation, and Dance. Des Moines, IA.

PRESENTATIONS: State

Shimon, J.M., Bleschschmidt, W., Martinson, K., Villarin, A., Elguezabal, A., Fisher, D., Hughes, C., and Blume, K. (2017). *Disc Games*. SHAPE Idaho conference, Lewiston, ID.

Shimon, J.M., Hughes, C., and Blume, K. (2017). *Health Potpourri*. SHAPE Idaho conference, Lewiston, ID.

Shimon, J.M., and Gibson, T. (2016). *Hands-on health*. SHAPE Idaho conference. Meridian, ID.

Shimon, J.M., Ball, K., & Jordan, R. (2013). *Health Strategies for Meeting ID Common Core Standards*. Idaho Association for Health, Physical Education, Recreation, and Dance. Moscow, ID.

Shimon, J.M., Smart, M., Foley, S., & Christie, S. (2012). *Fitness guise*. Idaho Association for Health, Physical Education, Recreation, and Dance. South Junior HS, Boise, ID.

Shimon, J.M., Johnson, T., Buettner, S., Helmendollar, J., Muri, B., Peterson, D., & Lehman, B. (2010). *Add variety to your teaching*. Idaho Association of Health, Physical Education, Recreation, and Dance. Boise, ID.

Shimon, J.M., Higgins, C., & Dong, Z. (2007). *Speedminton: A fun new racket activity*. Idaho Association for Health, Physical Education, Recreation, and Dance. Kimberly, ID.

Shimon, J.M. (2006). *Gaelic football - A game from Ireland*. Idaho Association for Health, Physical Education, Recreation, and Dance Conference. Twin Falls, ID.

- Shimon, J.M.**, Goc Karp, G., Woods, M.L., & Miller, E. (2005). *UN mandate of sport for peace: Games from around the world*. Idaho Association for Health, Physical Education, Recreation, and Dance Conference. Eagle, ID.
- Shimon, J.M.** (2004). *It's a bug, it's a cell phone - No, it's a game*. IAHPERD conference. Moscow, ID.
- Shimon, J.M.**, & Woods, M.L. (2002). *Teaching for understanding—A tactical approach to team handball*. Idaho Association for Health, Physical Education, Recreation, and Dance. Idaho Falls, ID.
- Woods, M.L., & **Shimon, J.M.** (2001). *Games for elementary physical education*. Idaho Association for Health, Physical Education, Recreation, and Dance. Twin Falls, ID.
- Shimon, J.** (1998). *Hidden gender communication in physical and health education*. Virginia Association for Health, Physical Education, Recreation, and Dance. Williamsburg, VA.
- Shimon, J.** (1998). *Recognizing and preventing injuries prevalent in youth sports*. Virginia Association for Health, Physical Education, Recreation, and Dance. Williamsburg, VA.
- Shimon, J.** (1997). *Basic recognition and prevention of common lower extremity injuries*. Virginia Association for Health, Physical Education, Recreation, and Dance. Hampton, VA.
- Carlisle, C., & **Shimon, J. M.** (1995). *NASPE content standards and proposed Colorado State Physical Education Standards*. Colorado Association for Health, Physical Education, Recreation, and Dance. Denver, CO.

PRESENTATIONS: Local

- Shimon, J.M.** (2003). *Tough guise*, Treasure Valley HENS. (Health Educator Network)
- Shimon, J.M.** (2001). *Recognition and treatment of common lower extremity injuries found in youth sports*. Youth Sport Symposium. Sponsored by the Center for Physical Activity and Sport and Saint Alphonsus, Boise, ID.
- Shimon, J.** (1994). *Common exercise injuries, care, and prevention*. American College of Sports Medicine Symposium. University of Wisconsin – La Crosse, La Crosse, WI.

PRESENTATIONS: Invited

- Shimon, J.M.** (2017). *Shared Best Practices Across Movement and Sport Science Disciplines*. Dr. Bob Frederick Sport Leadership Lecture Series, Lewis-Clark State College, October.
- Shimon, J.M.** (2010). *On one hand, on the other hand*. Phi Delta Kappa, October meeting. Boise, ID. The presentation addressed current brain research pertaining to physical activity/fitness and academic achievement.

GRANTS

- The Idaho Collaborative Universities Research Team (2007-2009). *Healthy Kids Initiative: Measuring BMI and Assessing the Status of Physical Education in Idaho*. Grant from Idaho AHPERD (\$15,000). Sub-contract from Idaho State Department of Education (who received \$60,000 in grant funding from the Centers of Disease Control – CDC). Role: Co-Investigator.
- Shimon, J.M.** (2005). *Assessing the physiological and psychosocial changes that occur in obese adolescents who participate in a readiness to change program*, \$15,000, (PI). Not funded.

Shimon, J.M., & Petlichkoff, L.M. (2004). St. Alphonsus Orthopaedic Institute Research Grant, \$2,880, (PI). The purpose of this investigation was to develop a valid baseline step count and determine the effects of pedometer use with adolescent junior high school students.

POST GRADUATE DEVELOPMENT

2005 Postgraduate Course on Research Directions in Physical Activity and Public Health. Hilton Head, South Carolina.

SERVICE

PROFESSIONAL

- 2014 - 2018 Journal Editor. *Journal of Kinesiology and Wellness*. Western Society for Kinesiology and Wellness.
- 2014 - current Manuscript Reviewer for the Journal of Sport Medicine and Physical Fitness and the European Physical Education Review
- 2014 - current Review Board for submissions to the Research Consortium for the SHAPE America Conventions.
- 2013 Review Board for submissions to the Research Consortium for the 2014 American Association for Health, Physical Education, and Dance National Convention. St. Louis, MO.
- 2010 Pedagogy Review Board for submissions to the Research Consortium for the 2011 American Association for Health, Physical Education, and Dance National Convention. San Diego, CA.
- 2009 - 2012 President-elect and President. Idaho Association for Health, Physical Education, Recreation, and Dance (IAHPERD). Three-year term to conclude in 2012 as the conference planning coordinator.
- 2010 Manuscript reviewer for Physical Therapy in Sport
- 2010 Section Editor for *Women In Sport and Physical Activity*
- 2009 State of Idaho Health Standards Development Workshop, member
- 2007 – 2008 Webmaster for Western Society for Kinesiology and Wellness
- 2007 – 2008 External reviewer for several tenure and promotion portfolios
- 2007 Conference Planning Coordinator. Idaho Association for Health, Physical Education, Recreation, and Dance. Boise, ID.
- 2006 - 2011 Webmaster for Idaho Association for Health, Physical Education, Recreation, and Dance; Membership Coordinator
- 2004 - 2007 President-Elect, President, and Past President. Idaho Association for Health, Physical Education, Recreation, and Dance.
- 2004–2008 Journal of Physical Education, Recreation, and Dance (JOPERD) Editorial Board, member
- 2004 - 2007 Treasurer. Western College Physical Education Society. Name changed to Western Society for Kinesiology and Wellness in 2004.
- 2004 - 2007 Athletic Training Examiner for the National Association Trainers Association.

2005	National Association of Sport and Physical Education reviewer for textbook publications.
2000-2006	National Council for Athletic Training (NCAT/NASPE)-Program Planner, Member and Chair. American Alliance for Health, Physical Education, Recreation, and Dance National.
2004	Reviewed three book chapters for McGraw-Hill Publisher
2002-2003	Action for Healthy Kids, Member
2002	State of Idaho Physical Education Standards Development Workshop, member
2000	Central District Association for Health, Physical Education, Recreation, and Dance Research Grants and Progress Committee, Member
1997- 1999	Virginia American Association for Health, Physical Education, Recreation, and Dance Structure and Function Committee, Member
1996-1999	VAHPERD Worksite Health Committee, Chair

UNIVERSITY - Boise State University

Department of Kinesiology

2018-19	Biomechanics Faculty Search Committee, Member
2018	A.T. Clinical Faculty Search Committee, Member
2017	Strategic Planning Committee (1 semester)
2016	Promotion and Tenure, co-Chair
2015	Promotion and Tenure, Chair
2013	Workload Policy Committee, Chair
2010-11	Promotion and Tenure Committee, Co-chair
2010 – 2013	Fitness Testing of K-12 Students (initiated testing during Fall 2010)
2008-2009	Preparation of NCATE materials for the K-12 program
2008	Workload Policy Committee, Member
2007 – 2008	Pedagogy hire position, Co-Chair
2006- 2008	Facilities and Planning Committee, Member
2006	Restructure of K-12 Physical Education Curriculum, Member
2005	Facilities Planning Committee, Chair
2005	Motor Learning and Aquatics hire positions, Co-Chair

College of Health Science

2018	Assistant Dean Search Committee, Member
2014 – current	University Curriculum Committee, College of Health Science Representative
2016 – current	Curriculum Committee, Chair

College of Education

2018 - 2019	Health Endorsement Accreditation
2018 – Fall	Professional Standards and Appeals Committee
2014 - 2017	Secondary Physical Education Field Guide Task Team
2010	Promotion and Tenure Committee, Member
2010 – 2014	Curriculum Committee, Member
2001 – 2008	Curriculum Committee, Member
2005	Strategic Directions Committee, Member
2005	Conceptual Framework Committee, Member
2003	Reorganization Task Force, Member
2003	Office of College School Partnerships and Field Experience Search Committee, Member
2002 – 2003	Teacher Education Advisory Committee, Member
2002 – 2003	University Liaison Committee, Member
2002 – 2003	Strategic Planning Committee for the Office of College/School Partnerships, Member
2002	CIFS Doctoral Advisory Committee, Member

University

2016 - current	University Curriculum Committee, Member
2002	Liaison Committee, Member

COMMUNITY

2009	Bear Camp Freedom Riders. Assisted in week-long event for refugee youth.
2003	Girls' and Boys' Club of Boise. Assisted in presenting golf activities to youth.
2003	Presentation to Treasure Valley HENS (Health Education Network), Boise, ID
2002	Speaker at the Optimist Football Group Meeting, Boise, ID
2000	Look-Out Mountain Fund Raiser - Sponsored by the PEARL Club (Black Hills State University majors club)
1999 -2000	Relay for Life Volunteer - American Cancer Society, Spearfish, SD
1999	Jump Rope for Heart Volunteer, Spearfish, SD
1998	Directed collaborative effort between local middle/high school and Radford University for Physical Education class instruction at the university pool.

PROFESSIONAL ASSOCIATIONS

2014 – present	SHAPE America – Society of Health and Physical Educators
1994 - 2014	American Alliance for Health, Physical Education, Recreation, and Dance
2001 – present	Idaho Association for Health, Physical Education, Recreation, and Dance (as of 2014, SHAPE Idaho)

2001 – present Western Society for Kinesiology and Wellness (formally Western Society for Physical Education)

1985 – present National Athletic Trainers Association

1995 – 1999 National Association for Physical Education in Higher Education

1994 - 1998 National Strength and Conditioning Association