

EMERITI GUILD NEWS

Volume 10, Number 1

Winter 2019

Greetings from the Chair

It is the beginning of another calendar year and the start of another year for the Boise State Emeriti Guild. We have many activities planned for the next few weeks and months. At the beginning of each month, our Program chair sends out a schedule of the programs for that month. If you have any suggestions for activities, let Dick Rapp know. We are always looking for additional interesting tours or programs..

Our annual meeting is coming up this month with an exciting program planned. Be sure to mark your calendar for February 11, 2019 from 1 to 3 pm. Our program will consist of a presentation by Barbara Morgan, Boise State Emeriti Lifetime member and former astronaut. We will have substantial refreshments available so plan on being in the Barnwell room on Monday, February 11. Parking is available in the Lincoln Parking Garage with your Emeriti Permit.

I will be presiding at that annual meeting, but this next year will be my last year as Chair of the Guild. That means that someone must step up to be Chair of the Emeriti Guild, if the organization is to continue in the future. We also have several board members that would like to retire. Please let any current board member know of your interest in being more involved in the Guild.

Carol Fountain, Chair, fountainc88@gmail.com

Happy
Valentine's
Day

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Message from the Chair

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April 2, 1-3 p.m., Spring Fling Social
April 9, 8:30 – 4:00, AARP Drivers Training,

Boise State Retiree Life Insurance

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Emeriti Guild Board Members

We Need You!!

We are looking for members to step up and serve as members of the Board. A number of Board Members have served for several years and would like to “retire”. Our current need is to replace our Guild Secretary, Carol Aufdenkamp, who has served for over three years. If you are interested in being on the Board in any capacity or know someone who would be willing to serve, please contact any of the current members. The Board meets once a month during the academic year, with no meetings held in the summer. Our group is in danger of disbanding if we don't have members volunteer to serve.

Annual Meeting

Monday, February 11, 1-3 p.m.

The annual meeting will be held on Monday, February 11, from 1 to 3 p.m. in the Barnwell Room of the Student Union Building. Free parking is available in the Lincoln Garage, across from the SUB, with your Emeriti Parking Permit. If you don't have a permit, you may obtain one at Parking Control on the first floor of the Student Union.

We will have a short business meeting, where we will be accepting nominations to replace Carol Spafford Aufdenkamp as Guild Secretary.

After the business meeting, Barbara Morgan, Idaho teacher and former NASA astronaut will speak. Barbara was selected and trained as the backup candidate for the NASA Teacher in Space Project in 1984. She then trained as a Mission Specialist before flying on the STS-118 space flight for the 2007 mission.

Please plan to attend, enjoy refreshments and socialize with former colleagues and friends

Regular Guild Activities

All regular Guild activities are held at the Emeriti Center. Be sure to display your Emeriti Parking Permit, available from Parking Control in the Student Union, when using the parking lot.

Coffee Social – First Tuesday, 10:00 a.m. to Noon

Emeriti Lecture Series – Great DVD Courses
First and Second Wednesday, Noon to 2 p.m.
The current DVD is **The Aging Brain**, Professor Thad a. Polk, from the University of Michigan. The next DVD series is **Investigating American Presidents**, by Dr. Paul Rosenzweig, George Washington University.

Book Group – Third Wednesday, Noon to 2 p.m.
See current book list in this newsletter.

Board Meeting – Second Monday, 10:30 – 11:30 a.m. No Board Meeting in February 2019, due to Annual Meeting.

Membership Dues

It is time to pay your membership dues. There will be a table set up for dues payment at the annual meeting. Annual dues are \$25.00. If you wish to mail your dues, send them to Emeriti Guild, Boise State University, 1910 University Dr., Boise, ID 83725-1003.



Scheduled Events – Spring 2019

February 11, Annual Meeting, 1 – 3 p.m., Barnwell Room, Student Union Building, guest speaker will be Barbara Morgan. Guests are welcome.

February 21, 10 a.m., Idaho Historical Museum Tour. A one-hour tour of the recently remodeled Idaho Historical Museum in Julia Davis Park. There is an admission fee of \$8.00. You may stay after the tour to explore the exhibits on your own. Guests are welcome.

April 2, 1-3, Spring Fling Social Event, Emeriti Center

April 9, 8:30 a.m – 4:00 p.m., Emeriti Center. AARP Defensive Driving Course. There is a fee for this course. Check with your insurance company to see if taking the course will allow you to qualify for reduced insurance rates. Sign up at the Annual Meeting or contact Dick Rapp for further information.

Black History Museum Tour – Date and time to be announced.

Boise State Retiree Life Insurance

By Jane Kinn Buser

Several years ago, Boise State adopted a Retiree Life Insurance Plan for employees retiring from the University. If you terminated your employment for any reason other than retirement, you would not qualify for this plan. Employees retiring from Boise State must meet one of the following criteria to be eligible for this benefit.

1. Retire at age 64 with 15 years of Boise State service or
2. Retire at any age with 30 years of Boise State service or
3. Retire at age 55 or older, if your age plus years of Boise State service totals at least 80

Camile Mick is the University's Benefits Supervisor in Human Resources. You may contact Camile at (208) 426-2898. HR Benefits will be sending a mailing in 2019 giving policy holders an opportunity to update their beneficiaries. Camile asks that if you have changed your address since retirement to contact her at camilemick@boisestate.edu to insure you receive the 2019 mailing.

A reminder that, as we retirees prepare information for our family and/or friends that upon our death, to contact Boise State Human Resources to redeem the value of the policy.

Thanks to Angie Hurley, Provost's Office

The Emeriti Guild Board Members would like to thank Angie Hurley, Project Coordinator, with the Provost's Office. Angie serves as the liaison between the Emeriti Guild and the Provost's Office.

Angie takes care of many of the university business duties for us including room scheduling, ordering catering for events, purchasing, providing budget reports and information on University policies and many other things. She is always cheerful, helpful, and willing to complete any requests we have. We appreciate her hard work on behalf of the Emeriti Guild.

Travel Corner

By Carol Fountain

Coast Starlight Train Trip

For a different travel experience, consider going on Amtrak's Coast Starlight route. While the name includes Starlight, most of the travel (especially in summer months) is in daylight. The train starts in either Seattle (one can start in Vancouver, B.C. on the Cascade train) or Los Angeles, but a traveler can join the train at several stops along the route. The train runs north and south every day, reservations are required. From Seattle to L.A. or reverse, the trip takes about 35 hours, and covers almost 1400 miles

The train route is one of the most popular of Amtrak's routes, and goes through the Cascades of Oregon, along San Francisco Bay, and along the shoreline north of Ventura California. Travel options include coach cars with comfortable chairs and wide windows for viewing, sleeping cars (family or economy bedrooms with showers available), and Pacific Parlor cars for first class passengers (sleeping car passengers). Meals are available in the dining car, (cost included for first class passengers), as well as sandwiches, snacks, and drinks in the snack bar.

I joined the train at Portland's Union Station, about 2 pm. I had a bedroom reserved for the trip. The bedroom consisted of two recliner chairs (facing each other) which were converted to a bed at night, as well as an overhead bunk bed which was lowered at night if needed for a second person. The room had wide windows for viewing the landscape along the route.

The train travels south near the western edge of Oregon, until it goes through Eugene, when it begins to move eastward through the Cascade Range. The train passes Chemult, Oregon, as well as Klamath Falls, before swinging slightly more westerly towards Dunsmuir, Redding, Chico, Marysville, and Sacramento, California. The train follows the edge of San Francisco Bay where numerous container ships can be seen. The train does not go to San Francisco,

Travel Corner, Coast Starlight Train Trip, cont.

but does stop in Oakland where transportation on other public transportation is available. Passing through San Jose, the train swings into the Salinas Valley and on to San Luis Obispo, where the Pacific Ocean comes into view. Some views along this next 113 miles can only be seen by train. The train continues to Santa Barbara, then several cities north of L.A., before arriving in the Los Angeles Union Station. I arrived at the station about 9 pm, the day after I left Portland. This trip is a very relaxing, scenic trip and fun for railroad enthusiasts.

Christmas Markets

Now that this holiday season is over, it is possible to reflect on some European-based holiday traditions. One of the most popular is the Christmas market. History dates these markets in Central Europe in the 15th and 16th centuries, although one is noted in 1384. Vienna's December Market can be considered as a forerunner of Christmas markets, and dates back to 1298. In today's time, the most well-known are the German and Austrian markets.

Although the markets are believed to have begun in Central Europe, many cities around the world now hold such markets. If Central Europe isn't on your travel list, you can visit markets in London and Bath (England), New York City, Mexico City, Copenhagen, Stockholm, Quebec City, and even Tokyo. Almost all European countries now feature markets in the major cities from Lithuania to Spain. Many smaller medieval-age towns are also favorites, such as Erfurt and Rothenberg ob ter Tauber in Germany.

Some of the enticing features are the sights, seductive fragrances, food and drink, shopping, and holiday lights which brighten up the darkest time of the year.

Generally, the markets are in place from the middle of November to Christmas Day. The traditional time in Germany is from Advent to Christmas, but some markets in other places begin earlier and may end a few days after Christmas.

The markets consist of huts or stalls in a central square in the city. Some cities have multiple markets. The stalls feature drinks (hot mulled wine, mead, beer),

local specialty foods or snacks (sausages, baked

apples, gingerbread cake and cookies, toasted nuts), local hand-made holiday crafts (hand blown tree ornaments, carved wooden toys), and entertainment (ice skating, musical programs including children's choirs).

Markets have become such a popular tourist draw that special tours are available just to visit the European markets. Many travel companies offer river cruises on Europe's major rivers and canals, with stops at the many markets in the large and small towns along the way. Because Europe has such good train systems, it is possible to plan an independent tour to visit several inland cities and tour the markets there and move from one city to another easily.

No matter how one visits the markets, it provides wonderful holiday memories and great souvenirs.

Emeriti Guild Book Group

Reading List for February – June 2019

Read and discuss one book or try them all. The Book Group meets on the dates listed in the Emeriti Center from noon to 2 p.m.

February 20: *How to change your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression and Transcendence* - Michael Pollen (2018)

March 20: *Destiny of the Republic: A Tale of Madness, Medicine and the Murder of a President* - Candice Millard (2012)

April 17: *Dirt: The Erosion of Civilizations* - David Montgomery (2012)

May 15: *Idaho's Place: A New History of the Gem State* - Adam Sowards, ed. (2014)

June 19: *The Elephant Whisperer: My Life with the Herd in the African Wild* - Lawrence Anthony (2012)

Your Emeriti Benefits and Privileges?

- BSU emeriti photo ID – available at the Student Union
- Retention of your Boise State e-mail account
- Professional parking privileges based on current parking policy – contact BSU Parking Control – Student Union Building. Take your BSU photo ID with you to get a permit.
- Access to campus recreational facilities
- Professional library privileges
- Free city bus pass, with BSU photo ID
- Special discounts on event tickets offered to faculty and staff. For student theatre productions, pick up tickets in advance, with your Emeriti photo ID, at the Morrison Center
- Mailing notices of faculty functions and social gatherings
- Home delivery of the *University Focus* magazine
- Tuition reduction waivers for courses in which you or your spouse may wish to enroll
- Free admission to the Boise Art Museum (BAM)

Emeriti Guild Board and Information

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Photos from the 2018 Holiday Party



Dick Ross and Kenny Wiscombe



And the winner is!!!



Enjoying old friends and colleagues.