DIMENSIONS OF WELLNESS



BRONCOFIT is a campus-wide initiative to create America's healthiest learning environment by encouraging Boise State students and the campus community to engage in all aspects of health and well-being. The core of BroncoFit is built on a holistic approach that incorporates the 8 dimensions of wellness.



Stay updated on BroncoFit events, programs & wellness initiatives!







/BoiseStateHealth

email: wellness@boisestate.edu

